This degree provides students with an entry-level degree in athletic training. Upon completing this degree, students will be eligible to complete the BOC exam and become certified athletic trainers (upon passing the BOC) and prepared to assume leadership roles in clinical and allied health and medical programs. This degree does not require research or a thesis.

**ADMISSION REQUIREMENTS**

A. Fulfill all requirements for admission to the BYU graduate school. (See the current University Catalog.)

B. Graduate with a bachelor’s degree in Exercise Sciences or a related field, including the all of courses listed below or equivalents:

1. EXSC 440 and PDBio 220 Adv Musculoskel Human Anat Human Anatomy
2. PDBio 305 or EXSC 362 Essentials in Human Physiology Advanced Physiology
3. EXSC 463/464 Exercise Physiology and Lab
4. EXSC 362 Kinesiology/Biomechanics
5. PHSCS 105/107 College Physics
6. CHEM 105/106/107 College Chemistry
7. STAT 121 Principles of Statistics
8. PSYCH 111 Intro to Psychological Science
9. PDBio 120 Science of Biology
10. EXSC 501 Pathophysiology for AT

C. Have a minimum GPA of 3.2 for the last 60 semester hours of undergraduate academic work.

D. Submit a 1–2–page letter of intent which includes *(NOTE: Put “LETTER OF INTENT” at the top of your letter):*

1. Your preparation and background for an MAT degree in the Exercise Sciences Department, including personal characteristics that may enhance success in graduate studies and your career.
2. Reasons for applying to Brigham Young University.
3. A one-page essay explaining your professional/career goals and why you want to be an athletic trainer.
4. Explanations for any expected deviation from completing your degree within two years, or any specific circumstances or objectives you wish to have taken into consideration.

E. Submit the following supplemental documents to be completed and uploaded as a single document with your application: 1) Technical Standards, 2) Physical Exam, 3) Proof of Immunizations, Background Check, and Drug Screen and 4) Proof current of CPR/AED certification (copy of card, both sides).

**COURSE WORK**

To qualify for the Master of Athletic Training degree, you must complete a minimum of 36 semester hours of credit, with a GPA of 3.0 (B or better). All course work must be approved by your advisory committee and the graduate coordinator. You will be required to remove any deficiencies or strengthen any weaknesses in your undergraduate preparation, writing ability, and computer literacy early in your program of study.

**MAT Prerequisite – 3 credit hrs (does not count toward program total credits)**

Take all of the following (if needed):

- EXSC 501 Pathophysiology for the AT

**MAT Requirement 1 – 10 credit hrs**

Take all of the following:

- EXSC 514 Advanced Athletic Training Lab (1)
- EXSC 515 Therapeutic Interventions 1, Modalities (3)
- EXSC 516 Orthopedic Evaluation 1, Lower Extremities (3)
- EXSC 601 Pharmacology in Athletic Training (3)

**MAT Requirement 2 – 26 credit hrs**

Take all of the following:

- EXSC 517 Ortho Eval 2, Upper Extremities & Trunk (3)
- EXSC 518 Therapeutic Interventions 2, Rehabilitation (3)
- EXSC 602 Graduate Athletic Training 1 (2)
- EXSC 603 Graduate Athletic Training 2 (2)
- EXSC 625R Clinical & Ed Admin (TC 011) (2)
- EXSC 635 Evidence-Based Practice (2)
- EXSC 654 Athletic Training Clinical Education 1 (2)
- EXSC 655 Athletic Training Clinical Education 2 (2)
- EXSC 656 Athletic Training Clinical Education 3 (2)
- EXSC 657 Athletic Training Clinical Education 4 (2)
- EXSC 688R Athletic Training Internship (2)
- EXSC 697 Capstone (2)

**Electives – if desired**

- EXSC 519 Medical Topics in Athletic Training (1)
- EXSC 625R Adv Topics in Physical Medicine & Rehab (2)
- EXSC 626 Mechanical Spinal Impair & Mobil (TC 023)
- EXSC 627 Musculoskeletal Pathophysiol (TC 022)
- EXSC 630 Diagnostic Testing (TC 020)
- EXSC 631 Electrotherapy, US, & Diathrmy (TC 013)
- EXSC 634 Functional Testing & Exercise (TC 014)
- EXSC 636 Strength Rehabilitation (TC 019)
- EXSC 640 Neural Basis of Rehab (TC 016)
- EXSC 641 Joint Mobiliz & Manual Therapy (TC 015)
- EXSC 650 Research Methods in ExSc (3)
- EXSC 661 Motion Analysis Techniques (2)
- EXSC 662 Neumechanical Signal Processing (2)
- EXSC 663 Lab Methods and Procedures (2)
- EXSC 664 Orthopaedic Anatomy (4)
- EXSC 665 Exercise Testing & Prescription (2)
- EXSC 671 Adv Lifestyle & Chr Dis Prev (3)
- EXSC 693R Readings Seminar (1)
- STAT 511 Stat Methods for Research 1 (3)

Other courses as approved by your advisory committee and the graduate coordinator (not including prerequisites or deficiencies).

**TOTAL: 36 credit hours**