Subject: Byu Dept of Public Health Newsletter 14 August 2019
Date: Wednesday, August 14, 2019 at 2:55:36 PM Mountain Daylight Time
From: Beth Liechty
To: public-health@byu.edu

BYU Public Health

14 August 2019

If you have questions regarding this major, the new curriculum, mapping out your classes, or have questions in general about what is expected of you, please feel free to make an appointment with a Public Health department advisor by calling 801-422-3386.

ADVISING APPOINTMENT HOURS

Spring and Summer hours may vary

Stephanie Lutz (Internship Coordinator)
9-2pm M-Th

Beth Liechty (Class planning)
9-2pm M-Th

Before meeting with Stephanie about internship questions, please read the entire internship manual, make a list of questions, and outline your internship plans. The manual will answer many of your questions. By preparing for your appointment, your time with Stephanie will be much more efficient.

Just a reminder that the Department of Public Health has a Facebook page where you can find current news and event information!
Find us at ***BYU Public Health***

Newsletter Sections

Announcements
Upcoming Events
Volunteering
Employment
Internships
MPH Program News
Student Clubs

Announcements

Stephanie Lutz is looking for a Fall 2019 TA for Health 450 and the public health internships.

Criteria:

1. Took Health 450 and received an A or A-
2. Available to TA for Fall 2019, Winter 2020, and ideally spring/summer 2020, though it can be done remotely if not on campus.
3. Be available to meet 1-2 times a week during the semester for check-in and assignments
4. Attend class M W 11:00-12:15 p.m. in Fall 2019

Campus minimum wage to begin with possible raises. 15-20 hours a week.

Please send the following via email (stephanie_lutz@byu.edu):

1. Current resume with relevant work/TA experience
2. 1/2 to full page explanation why you want the job
3. Availability and class schedule with available meeting times outlined.

The Ballard Center is improving their programs to fit your needs. Take this 3 minute survey for a chance to win one of three $50 Amazon Gift cards.

Access the survey HERE.

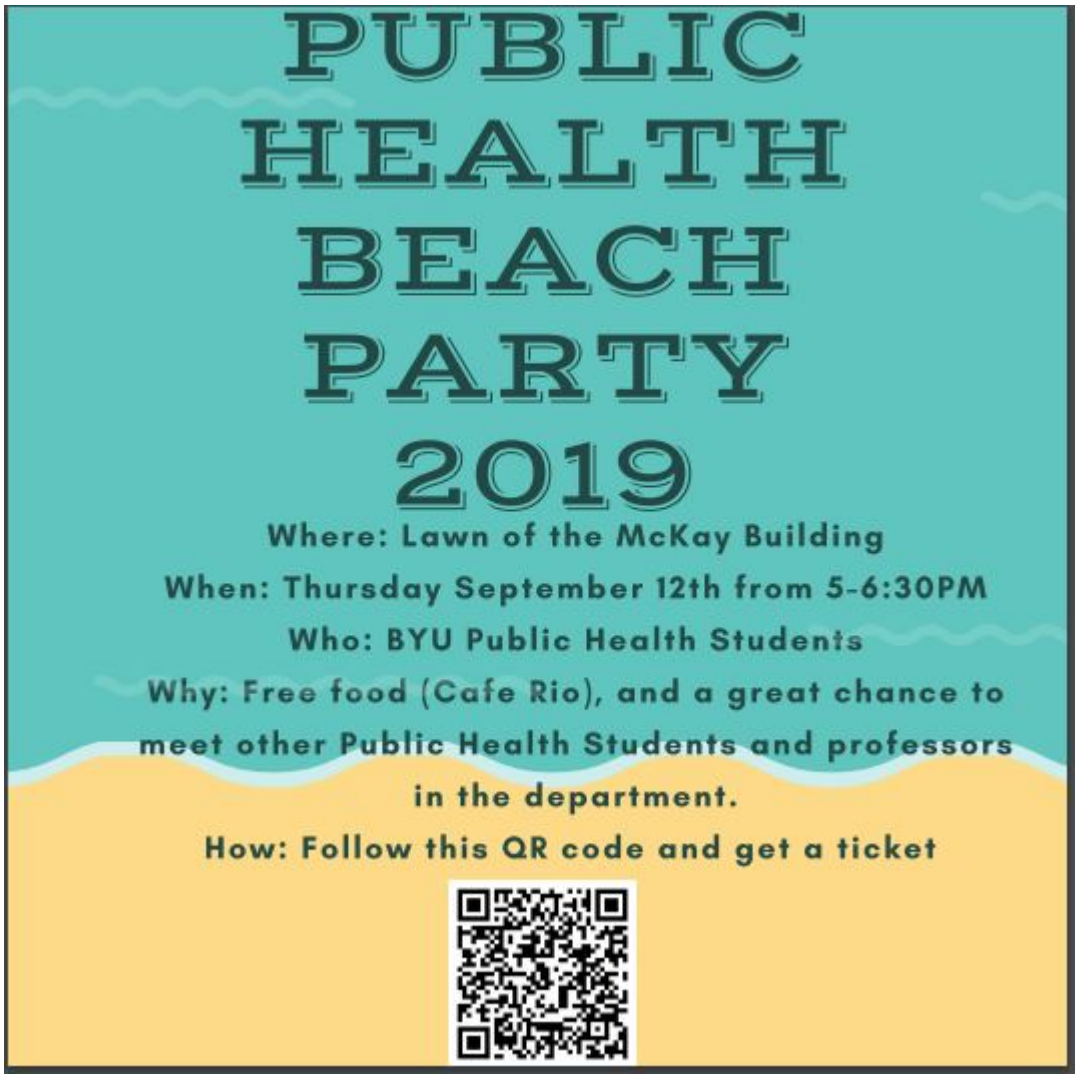
Upcoming Events

LEARN CPR

You Can Do It!

If you are needing CPR and First-aid, please contact Elle for class details. Text: 801-856-6122 or email, emsconference@msn.com. Class dates are:

August 26
September 9
October 14
October 28



Use the QR code above or this link for tickets!

https://www.eventbrite.com/e/byu-public-health-beach-party-tickets-66694556213

Graduate School Fair 2019

Thursday, September 19, 2019 | 10:00 am – 2:00 pm
WSC Ballroom, Brigham Young University

Who should attend?

The Graduate School Fair is helpful for anyone who is considering attending graduate school. Whether you are looking to specialize in a particular area or interest, expand your knowledge, or position yourself for career advancement, it's a good idea to consider all of the options available, including graduate school.

More information about why you should attend and how to prepare can be found here

Volunteer Opportunities

Y-Serve Refugee is a very large program here on the BYU campus and are always looking for more volunteers interested in helping refugees both locally and overseas. Take a look if this is a population you're interested in working with!

Employment Opportunities

Wellness Program Manager Position

Wage: $10 an hour starting pay with an increase upon completing the initial training (about 3 months)

Notes:

- This position requires 17-20 hours/week. Work hours are somewhat flexible, however, availability during the noon hour is highly preferred; as is spreading hours across the work week. Must have regular and consistent attendance at scheduled shift.

Description:

- Plan, develop and execute wellness events (screenings, activities, workshops, seminars, etc.).
- Provide on-going support to program participants
- Provide on-going support to wellness advocates and their campus departments
- Help with exercise classes
- Help with social media
- Give wellness presentations

Qualifications:

- Health or Wellness-related major.
- Understand health promotion principles, behavior change, application and effectiveness of interventions.
- Great customer service skills - professional and friendly
- Self-starter who can work independently as well as in a team.
- Experience in planning and carrying out successful events.
- Excellent computer skills (Outlook, Word, Excel).
- Excellent oral and written communication.
- Excellent work ethic - dependable and on task.
- Must be able to lift at least 30 lbs.
- Longevity preferred (3 or more semesters)

Application Instructions:

To be considered you MUST send both a cover letter and a resume to marie_harris@byu.edu by Tuesday, August 20, 2019.

Internships

Please take the time to read the Internship Manual located here

This is a REQUIRED TEXT for internships. Students must PRINT it, read it before they start searching, and keep it with them during the internship.

*A reminder that a C- or greater in the required pre-req classes is mandatory

FRIENDS FOR SIGHT

Preschool Vision Screenings Intern

Friends for Sight is seeking an intern for the upcoming semester for our Preschool Vision Screening program! This position will work with the Preschool Screening Director to help with the expansion of our nonprofit's reach to new children with our free vision services.

Responsibilities:

- Help preschools throughout Utah learn about our free services and sign up for yearly vision screenings
- Perform vision screenings along the Wasatch Front
- Organize screenings for preschools in Salt Lake County
- Train volunteers on proper screening methods

- Record accurate screening records
- Follow up on past referred children to ensure they got proper vision care
- Advocate for eye health and safety
- Assist with recruiting volunteers in Utah and Salt Lake County
- Other responsibilities as needed

Ideal Applicants Will be:

- Available on weekday mornings to assist with screenings or to contact schools
- Willing to travel to different preschool and volunteer locations in Salt Lake, Utah, and potentially Davis Counties (particularly expect to travel for our fall internships)
- Comfortable speaking with people on the phone
- Able to connect with and meet new people, particularly young children
- Punctual and organized

Interested individuals may send an email expressing interest and an attached résumé to Rachel O'Brien at preschool@friendsforsight.org

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CharityVision International
3210 N Canyon Road Ste. 107
Provo, UT 84064
(435)200-4910

Marketing Internship

Fall Semester 2019

Who Are We?

CharityVision is a 501(c)(3) nonprofit organization based in Provo, Utah. We work in over 26 countries fighting to restore vision and empowering communities to do the same. For over 30 years, we have partnered with in-country doctors and individuals to make eye care accessible to everyone within our capacity. In 2018 alone, we were responsible for over 150,000 glasses delivered worldwide and over 90,000 sight-restoring surgeries.

Position Description

The marketing intern will work alongside the CharityVision marketing team. They will be responsible for the effective implementation and formative evaluation of CharityVision's social media campaign. They need to be well-versed in the principles taught in Health Advocacy and Communication in order to produce effective material for CharityVision. Social media experience and basic design (canva, piktochart, etc.) highly encouraged

If interested in this position, please email Camille Allred at camille@charityvision.net

CharityVision International
3210 N Canyon Road Ste. 107
Provo, UT 84064
(435)200-4910

Public Awareness Internship

Fall Semester 2019

Who Are We?

CharityVision is a 501(c)(3) nonprofit organization based in Provo, Utah. We work in over 26 countries fighting to restore vision and empowering communities to do the same. For over 30 years, we have partnered with in-country doctors and individuals to make eye care accessible to everyone within our capacity. In 2018 alone, we were responsible for over 150,000 glasses delivered worldwide and over 90,000 sight-restoring surgeries.

Position Description

The public awareness intern will work alongside the CharityVision marketing team. They will be responsible for the effective implementation and formative evaluation of CharityVision's social media campaign. They need to be well-versed in the principles taught in Health Advocacy and Communication in order to produce effective material for CharityVision. Social media experience and basic design (canva, piktochart, etc.) highly encouraged

Responsibilities

- Implement existing social media campaign and assist in evaluation and adjustment of program.
- Produce/edit promotional material such as articles and press releases.
- Assist in planning and implementation of commercial stakeholder program.
- Plan and implement smaller programs within the social media campaign/advocacy and promotion campaign

If interested in this position, please email Camille Allred at camille@charityvision.net

CharityVision International
3210 N Canyon Road Ste. 107
Provo, UT 84064
(435)200-4910

Public Relations Internship

Fall Semester 2019

Who Are We?

CharityVision is a 501(c)(3) nonprofit organization based in Provo, Utah. We work in over 26 countries fighting to restore vision and empowering communities to do the same. For over 30 years, we have partnered with in-country doctors and individuals to make eye care accessible to everyone within our capacity. In 2018 alone, we were responsible for over

150,000 glasses delivered worldwide and over 90,000 sight-restoring surgeries.

Position Description

As with all public health charities, getting the press to notice us is important. Because CharityVision has so many great events going on constantly, we need someone to get the word out to the public.

Responsibilities

- Gather information from CharityVision employees on the major achievements in 26 countries.
- Write press releases. Mark Stoddard, the Marketing Director, has extensive experience doing this and will provide whatever training is needed.
- Contact the Utah media (we have the contacts for all 80+ outlets) and discuss the stories as needed.
- Attend and help organize any press conferences.
- Tie all press coverage into our Social Media work that this intern will also help with. Additionally, make sure the Web Master has the press information to post on the website.

If interested in this position, please email Mark Stoddard at mark@charityvision.net

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Mountainlands
Community Health Center, Inc.

Nutrition Program Internship

You are invited to apply with our Mountainland Nutrition Program Internship. We would be delighted to have you as part of our team this semester. Our goal is to make this internship as beneficial to you as it is to us.

Internship Duties

The internship will give you an inside look at the running of a public health program in Utah County. The duties include, but are not limited to:

- Complete new client assessments and annual re-assessments for seniors who are receiving Meals on Wheels. You would visit their home and complete a nutritional evaluation and then enter that information into our online database.
- Data entry for local senior center recipes in ESHA, a state food processor software
- Deliver meals on our volunteer routes
- Assist with menu planning for our monthly menu. This includes attending our quarterly dietary meetings and visiting with the cooks at the Security Center (where meals are

prepared)

- A variety of event preparations and execution (depending on the semester)
- Assist with volunteer management
- Other duties as assigned

Internship Salary

This is an unpaid internship. However, we will reimburse the mileage used while driving for us.

Internship Hours

The internship is a minimum of 15 hours a week but can be more. Specific hours will be arranged with the supervisor. The schedule is flexible.

Apply at: www.mountainland.org/volunteermow
And send a resume to: jgolding@mountainland.org

Please contact us if you have any questions:

Jimmy Golding
Volunteer Program Coordinator, Meals on Wheels
Mountainland Association of Governments
Office: 801-229-3821
jgolding@mountainland.org

Jeremy Pehrson
Nutrition Program Manager, Meals on Wheels
Mountainland Association of Governments
Office: 801-229-3803 Cell: 801-227-9282
jpehrson@mountainland.org

MPH Program News

COLLEGE GOLF SCRAMBLE PARTICIPATION IMPROVES: SELF ESTEEM, SELF WORTH, WARM HUMID FUZZY FEELINGS, RELATIONSHIPS, FARMER TANS, AND PRODUCTIVITY!

J. Brent Feland[1], [1]*Human Performance Research Center, Brigham Young University, Exercise Sciences, Provo, Utah, USA*

INTRODUCTION

As the author Bruce Lansky commented: "We learn so many things from golf– how to suffer, for instance."
Based on data which is mostly contrived and a made up (like most golf scores), this study will show that participation in the annual college golf scramble will improve most every aspect of your life.... If you have a life.

Proof you have a life will be determined by whether or not you send a confirmation email to brent_feland@byu.edu to confirm your spot in the annual golf scramble.
When: Tuesday, August 27th
Where: Hobble creek golf course
What time: Currently have tee times starting at 3:30
WHO?: Anyone who wants to improve their life, walk along a gorgeous course, receive some free treats and drinks as well as some unique slogan golf balls to lose.
Please also invite your graduate students and announce it to them.

PURPOSE

The purpose of the Annual Golf Scramble is to:

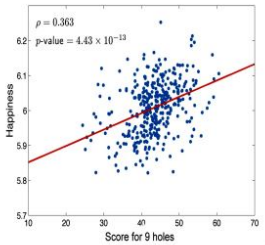
1) Improve relationships by enjoying each others overall suckiness and poor shot making abilities and to subsequently be awe-inspired by a partner who may merely be pretty average!
2) Come up with interesting ways to cheat since "it is well known that golf appeals just as much to the idiot in us and the child. Just how childlike golf players become is proven by their frequent inability to count past five" (John updike).
3) College goal: fulfill at least 8 tee times (32 people), but preferrably more
4) Ultimate goal: Have a veritable poop load of fun.

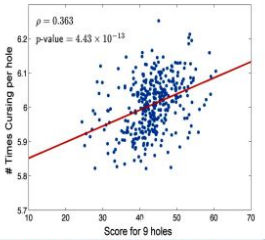
SUBJECTS & METHODS

Last year , 33 subjects (43 +/- 8.8. yrs) most without much history of golf experience were assigned to 8 different playing groups for 1 afternoon.
Methods: Subjects attempted to follow some fun scramble rules and survive for a total duration of just over 2 hours. Their scoring and happiness data is presented in the scatter plot to the right. Notice that happiness is positively correlated with bad golf scores. Interestingly our fabricated data is amazingly similar to the happiness data and shows that the amount of cursing is also positively correlated with higher scores!! J Golden Kimball would agree.
Please Note: The Dean was an outlier and his no response cursing data was deleted in order to show a positive correlation.

CONCLUSION

The data is obvious.... Everyone should come join us for the golf scramble!!





DISCUSSION and CONCLUSIONS

Contact details

5) Format: 4 person scramble with some really fun twists

Pricing is $14 for walking 9 holes and $22 to add a cart.

Student Clubs & Organizations

Have you been wondering how to get involved? Here are a few student clubs that might be of interest to you depending on your emphasis and educational goals:

Y-Serve Refugee
*BYU Public Health Association (BPHA)
*Rotaract
*Allied Health Club
*Healthcare Management Association
*BYU Physical and Occupational Therapy Club
*Nonprofit Management Student Association
*Master of Public Administration Association
*Changemaker Club
*Refugee Empowerment Club
*Team HBV
BYU American Society of Safety Professionals (ASSP) https://www.assp.org

I'M GRADUATING SOON...HOW DO I FIND A JOB?!?!

If interning or networking weren't successful in your hunt for employment, try these:

Publichealthjobs.net, a job board provided by ASPPH
Careers.apha.org, APHA's Public Health CareerMart
Usajobs.gov, the US Govt's job board for opportunities at federal agencies
Careers.naccho.org, careers page at the Nat'l Assoc of County and City Health Officials
astho-jobs.jobtarget.com, the Job Bank as the Assoc of State and Territorial Health Officials
Idealist.org, a job board for nonprofit org's including groups concerned with public health
Ehscareers.com, career site for Environmental,Occupational Health and Safety professionals
ASSE.org, The American Society of Saftey Engineers website

DID YOU KNOW?!?

The Dept of Public Health *not only has our own Facebook page (BYU Public Health) where we post a variety of opportunities and upcoming events, but we also have a Facebook Group (BYU Health Sciences Major) where students can talk to each other, ask questions, sell books, etc. Join now and stay informed!!*

Website Facebook Twitter Instagram YouTube LinkedIn

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