



Exercise & Sport Science Education

For Office Use Only
EXSEDBS.2019mrs 1528-1530
63-83 credits
Effective Date: 09/2019

***For specific course information – see Course Listings in Catalog**

Core Requirements 33-34 Credits

EXS 330 3	Principles of Exercise and Sports Science
MATH 121 3	Principles of Statistics
BIOL 260/L 4	Human Anatomy/Lab
BIOL 261/L 4	Human Physiology/Lab
EXS 164 2	Life Saving
EXS 265 2	Water Safety Instruction
EXS 340 3	Motor Learning
EXS 341 3	Biomechanics
EXS 344/L 3	Physiology of Exercise

Choice of 2 EXS 100-level Beginning Sport Content classes – 2 Credits

EXS 1_____ 1	
EXS 1_____ 1	

Choice of 4 EXS 200-level Sports Fundamentals – 4 Credits

EXS 2_____ 1	Sports Fundamentals: _____
EXS 2_____ 1	Sports Fundamentals: _____
EXS 2_____ 1	Sports Fundamentals: _____
EXS 2_____ 1	Sports Fundamentals: _____

Choice of 1 Additional EXS 369R Coaching Fundamentals Individual Sport OR 2 more EXS 200-level Sports Fundamentals – 2-3 Credits

EXS 369R or 3	Coaching Fundamentals: _____
EXS 2_____ 1	Sports Fundamentals: _____
EXS 2_____ 1	Sports Fundamentals: _____

Physical Education Emphasis 9-10 Credits

EXS 369R 3	Coaching Fundamentals in Selected Sports
EXS 377 or 3	Teaching Methods of Physical Education
SCED 350 2	General Methods for Secondary Teachers
HLTH 441 2	Health in Secondary School
EXS 441 2	Adapted Physical Education

Physical Education Certification 21-39 Credits

EDU 212 2	Foundations of Educations
EDU 200 3	Human Growth and Learning in Schools

Recommended Elective:

HWST 101 3	Intro. To Hawaiian Studies
EDU 340 2	Multiculturalism & Cul. Resp. Tch (SIOP)

APPLY TO SCHOOL OF EDUCATION

SPED 300 3	Education of Exceptional Students
EDU 305 2	Comp. /Tech/ Assisted Instruction
EDU 312 3	Effective Pedagogy
EDU 385 3	Education Assessment in the Classroom
SCED 401 3	A Multicultural Approach to Reading in the Content Area
SCED 430 2	Classroom Management in Secondary Contexts
SCED 491 3	Observation and Practicum
SCED 492 12	Student Teaching

No grade below “C-” accepted

All courses in the Education major can be retaken 1 time to improve a grade lower than C-. If the second attempt is lower than a C-, the student will be removed from the major.

The terms of this MRS will be honored by the Faculty and University within the next 8 years. If courses cease to be offered, options for substitution will be provided.

*Last Revision 9/11/19
Accessibility Check 11/25/2019*