IMPROVING UNITY CHALLENGE

"WE ARE ONLY AS STRONG AS WE ARE UNITED, AS WEAK AS WE ARE DIVIDED" -J.K. ROWLING

Unity in our communities, workplaces, and families brings peace and balance to our lives. When organizations lack unity, they become disorganized without accountability and often toxic. The goal of this challenge is to select a group or organization and do three specific things to promote unity and belonging within that organization. Suggestions are shown below.

The organization I want to help unify is: _____

Ideas for promoting unity:

- Learn your organization's goals and share them in a way that Inspires everyone to work together toward a common vision.

- Identify each member's unique skills or talents and let them know how important they are to the organization.

- Develop practical trust by meeting your commitments, being dependable and credible, and doing what you say you'll do.

- Establish emotional trust by being kind and respectful, authentic, empathetic, and talking well behind others' backs, even when they are not around.

- Communicate openly, clearly, and with genuine respect.

- Find reasons and ways to celebrate together and strengthen relationships.

My three specific actions are:

1 _____ ☐

2 _____ ☐

3 _____ ☐

UNITY
IT STARTS WITH *YOU*.
IF NOT *YOU*, THEN WHO?