

Vita

D. Pauline Williams, PhD, MPA, RDN, CD

·801-422-4876 ·

pauline_williams@byu.edu

PROFESSIONAL EXPERIENCE

2016-current	Associate Teaching Professor, Dietetic Internship Program Director; Brigham Young University; Provo, UT
2010-2016	Assistant Teaching Professor, Dietetic Internship Program Director; Brigham Young University; Provo, UT
1992-current	Nutrition and Dietetics Consultant; Private schools, daycares, individuals
2005-2010	Clinical Nutrition Manager; Primary Children's Medical Center, Intermountain Healthcare; Salt Lake City, UT.
2001-2010	Instructor; Brigham Young University Salt Lake Center; Salt Lake, UT.
2008-2010	Auxiliary/Adjunct Faculty Clinical Instructor Nutrition, University of Utah Division of Nutrition, Salt Lake, UT
2000-2005	Assistant Professor, Extension – Family and Consumer Science Extension Agent; Utah State University Extension; Salt Lake County, UT.
1998-2000	Senior Auditor; Office of the Legislative Auditor General – State of Utah; Salt Lake City, UT.
1992-1998	Clinical Dietitian; Utah Valley Regional Medical Center; Provo, UT. Assistant Interim Manager; Utah Valley Regional Dialysis; (1 yr)

REGISTRATION AND CERTIFICATION

1992-current	Registered Dietitian Nutritionist, Commission on Dietetic Registration
1992-current	Certified Dietitian, State of Utah Division of Occupational and Professional Licensing
2006	Certificate of Training in Child and Adolescent Weight Management, Commission on Dietetic Registration
2004	Master Preserver Certificate, Utah State University

EDUCATION

2011	PhD – Nutrition, Dietetics, Food Science; Utah State University, Logan, UT.
1998	MPA – Masters Public Administration; Brigham Young University, Provo, UT. Graduated with Distinction.
1992	BS – Clinical Dietetics; Brigham Young University, Provo, UT.

TEACHING

Academic Courses Taught

Date	Course	Title	Credits	Times Taught	Average Enrollment
2001-current	NDFS 100	Essentials of Human Nutrition	3.0	37	203
2015-current	NDFS 440	Nutrition Education and Counseling	3.0	8	37
2011-current	NDFS 466	Advanced Dietetics Practice	3.0	13	37
2011-current	NDFS 490	Professionalism Seminar	2.0	13	38
2011-current	NDFS 520R/620R	Supervised Practice Experience	4.0	31	9
2014-current	NDFS 631R STDEV 214R	Interprofessional Education for Healthcare Providers	1.0	8	21
2017-current	NDFS 634	Nutrition Education	2.0	7	6
2011-current	NDFS 638	Advanced Clinical Nutrition	2.0	13	8
2011-2016	NDFS 290	Introduction to Dietetics	1.0	6	99
2010-2012	NDFS 405	Nutrition Assessment Lab	0.5	3	19
2015	NDFS 458	Management in Dietetics	3.0	1	28

Student Advisement/Mentoring

Date	Role	# Students or Events Supervised
2011-current	Student Graduate Committee Chair and Member	29 (chair 10)
2010-current	Teaching Assistant Supervisor various NDFS courses	284
2017-2018	Honors Thesis Chair and Member	2
2012-2017	Student Wellness Nutrition Coach, Supervisor	83
2010-2015	Dietetic Student Health Fair, Community Presentation Supervisor	48

Graduate Student Mentoring Detail (all masters level)

Chair

2023-current. Clare Palmer. Development of clinical case studies for undergraduate dietic students.

2022-current. Brenda Villalobos Huitron. Emergency food storage guidelines for various countries and areas within the Church of Jesus Christ of Latter-Day Saint.

2022-current. Brittany Griffen. Pre-an post-operative nutrition education curriculum for neuro and orthopedic surgery.

2021-2022. Kaitlyn Datwyler Bastian. Revising the NDFS 100 online course using pedagogy and theoretical foundations to promote and effective learning environment.

2021-2022. Brittany Johnston Woodbury. Malnutrition in Utah: Why it matters and what actions to take.

2020-2021. Ashley Wangemann. The creation of *Beyond the Box* cookbook: An international malnutrition funding project.

2020-2021. Sharee Osborne. Development of guiding principles, standardized menus, and communication plans for Intermountain Healthcare Nutrition Services and Childcare Centers.

2019-2020. Amanda Gheen. Implementation of International Dysphagia Standards for food and drink modification at Intermountain Healthcare.

2018-2019. Caitlin Taggart. Using the Social Cognitive Theory to create Farm to Fork education materials.

2017-2018. Aubrey Burton Riley. Effect of interprofessional education (IPE) at a non-academic health center university on students' attitudes of IPE, perception of working together, and ratings of teamwork.

2016-2018. Rachel England Wasden. Student perceptions of usability and international applicability of an open-access nutrition textbook for a general college nutrition course.

Committee Member

2022-current. Callie Millward. Baseline measurements of transitional housing residents participating in the "Create Better Health" wellness program

2022-current. Roya Blake Borden. The impact of morning versus evening exercise on diet and eating behaviors.

2022-current. Tara Pruitt. Employee motivation of Registered Dietitian Nutritionists: What role does performance appraisal play?

2021-2022. Holly Hopkins. Prevalence and predictors of burnout in Registered Dietitian Nutritionist preceptors.

2021-2022. Savannah Parr. Entrepreneurship practice of Registered Dietitian Nutritionists.

2021-2022. Sierrah Owen. Student perceptions of their student-operated restaurant experience.

2020-2021. Jessica Cortez. Validating a nutrition screening tool for children with cystic fibrosis aged 0 to 2 years.

2020-2021. Erica Card. Current dietetic internship admission criteria and selection processes: Results from an electronic survey of directors.

2019-2021. Kaylee Hickman. Evaluating how dietetic programs are meeting foodservice and management KRDNs.

2019-2020. Mckenna Jones. Patient-centered care: Dietitian's perspectives and experiences.

2019-2020. Jessica Fife. The relationship among behaviors and weight change among adults in a weight management program.

2018-2019. Jenna Nelson. An exploratory study on the work-life interface of dietitians.

2018-2019. Annie Dye. The effect of a religious environment on household perceptions and practices of food and water emergency preparedness.

2017-2018. Karla Williams. How work and family interface: A national study of Registered Dietitian Nutritionists.

2016-2018. Lauren Burgess. Evaluation of the food/nutrient intake analysis process at pediatric facilities.

2016-2018. Reilly Doney. Changes in college students' perceptions and use of canned foods with an intervention.

2015-2017. Hannah Taylor Gibson Webb. Handgrip strength in children with cystic fibrosis.

2014-2015. Lauren Absher. Pediatric weight management and eating disorders.

2011-2013. Erica Hansen. College students' fruit and vegetable intake according to dinner group participation.

Honors Students

2018. Robert Drury. College students' understandings of perceptions towards and usage of canned food based on exposure to canned food during childhood. Committee.

2017. Sheri Budge. Creation of tools for continuity of foodservice operations at Camp Morrison. Chair.

Academic Guest Lectures

Date	Course/Topic	#Lectures	Average # Students
2018-current	NDFS 455 Financial Management in Dietetics	5	38
2011-2020	NDFS 424 Community Weight Management	9	65
2011-2016	NDFS 201 Childhood Obesity	11	89

Support of Academic Programs Prior to Academic Appointment

Year	Credit Course #students	#Guest Lectures/ #Students	#Mentoring Students	#Interns/ #hours	#Student Research
2000-2010	165	6/121	2	34/2904	51

RESEARCH, SCHOLARSHIP, AND CREATIVE ACCOMPLISHMENTS

Refereed Journal Articles & Fact Sheets

**indicates student mentored project*

*Card E, Bellini SG, **Williams, DP**, Patten EV. Current Dietetic Internship Admission Criteria and Selection Processes: Results From an Electronic Survey of Directors. *J Acad Nutr Diet.* 2023;123(4):643-654.e62.

*Gheen A, **Williams DP**, Stocking A, Govern A. Implementation of International Dysphagia Standards for Food and Drink Modification: A Model Process for Food Service Operations. *J Foodservice Manage Educ.* 2021;15(2):8-13.

*Jones, M., Eggett, D., Bellini, SG, **Williams, DP**, Patten, EV. Patient-centered care: Dietitians' perspectives and experiences. *Patient Education and Counseling.* 2021;104(11):2724-2731.

The Academy Quality Management Committee. Andersen D, Baird S, Bates T, Chapel DL, Cline AD, Ganesh SN, Barner M, Grant BL, Hamilton KK, Jablonski K, Jones SL, Kazaks AG, Konek SH, Leonard KK, McAdam KG, Ogata BN, Onuoha EM, Robinson GY, Schmidt DW, Walters NG, **Williams P**, Wu P, Hui K, Gilmore C, Khan M, Buelsing D, McCauley SM. Academy of Nutrition and Dietetics: Revised 2017 Scope of Practice for the Nutrition and Dietetics Technician, Registered. *J Acad Nutr Diet.* 2018;118:327-342.

The Academy Quality Management Committee. Andersen D, Baird S, Bates T, Chapel DL, Cline AD, Ganesh SN, Barner M, Grant BL, Hamilton KK, Jablonski K, Jones SL, Kazaks AG, Konek SH, Leonard KK, McAdam KG, Ogata BN, Onuoha EM, Robinson GY, Schmidt DW, Walters NG, **Williams P**, Wu P, Hui K, Gilmore C, Khan M, Buelsing D, McCauley SM. Academy of Nutrition and Dietetics: Revised 2017 Standards of Practice in Nutrition Care and Standards of Professional Performance for Nutrition and Dietetics Technicians, Registered. *J Acad Nutr Diet.* 2018;118:317-326.e13.

The Academy Quality Management Committee. Andersen D, Baird S, Bates T, Chapel DL, Cline AD, Ganesh SN, Barner M, Grant BL, Hamilton KK, Jablonski K, Jones SL, Kazaks AG, Konek SH, Leonard KK, McAdam KG, Ogata BN, Onuoha EM, Robinson GY, Schmidt DW, Walters NG, **Williams P**, Wu P, Hui K, Gilmore C, Khan M, Buelsing D, McCauley SM. Academy of Nutrition and Dietetics: Revised 2017 Scope of Practice for the Registered Dietitian. *J Acad Nutr Diet.* 2018;118:141-165.

The Academy Quality Management Committee. Andersen D, Baird S, Bates T, Chapel DL, Cline AD, Ganesh SN, Barner M, Grant BL, Hamilton KK, Jablonski K, Jones SL, Kazaks AG, Konek SH, Leonard KK, McAdam KG, Ogata BN, Onuoha EM, Robinson GY, Schmidt DW, Walters NG, **Williams P**, Wu P, Hui K, Gilmore C, Khan M, Buelsing D, McCauley SM. Academy of Nutrition and Dietetics: Revised 2017 Standards of Practice in Nutrition Care and Standards of Professional Performance for Registered Dietitian Nutritionists. *J Acad Nutr Diet.* 2018;118:132-140.e15.

Lindsley JE, Abali EE, Bickman BT, Cline SD, Fulton T, Lopen B, Rosenthal OD, Uhley VE, Weintraut RJ, **Williams DP**, Wisco JJ, Thompson K. What nutrition-related knowledge, skills, and attitudes should medical students develop? *Med Sci Educ.* 2017;27:579-583.

Richards R, Brown LB, **Williams DP**, Eggett DL. Developing a questionnaire to evaluate college students' knowledge, attitude, behavior, self-efficacy, and environmental factors related to canned foods.. *J Nutr Educ Behav.* 2017;49:117-124.e1

Academy Quality Management Committee. Academy of Nutrition and Dietetics: Scope of practice in nutrition and dietetics. *J Acad Nutr Diet.* 2013;113(6 supp 2):S11-S16.

Academy Quality Management Committee. Academy of Nutrition and Dietetics: Scope of practice for the Registered Dietitian. *J Acad Nutr Diet*. 2013;113(6 supp 2):S17-S28.

Academy Quality Management Committee. Academy of Nutrition and Dietetics: Revised 2012 standards of practice in nutrition care and standards of professional performance for Registered Dietitians. *J Acad Nutr Diet*. 2013;113(6 supp 2):S29-S45.

Academy Quality Management Committee. Academy of Nutrition and Dietetics: Scope of practice for the Dietetic Technician, Registered. *J Acad Nutr Diet*. 2013;113(6 supp 2):S46-S55.

Academy Quality Management Committee. Academy of Nutrition and Dietetics: Revised 2012 standards of practice in nutrition care and standards of professional performance for Dietetic Technician, Registered. *J Acad Nutr Diet*. 2013;113(6 supp 2):S56-S71.

Williams DP, Christensen NK, McDonald CM, Braae MA, McBride AB, Sundberg SM, Musselman JD. Adherence to lifestyle recommendations of overweight children in a structured weight management program. *Childhood Obesity*. 2010;6(5):263-269.

Christensen NK, **Williams DP**, Pfister R, Pace M, Palmer M. Knowledge and behavior improvement through a skin cancer action approach exhibit. *J Extension*. 2007;45(4): 4RIB5.

Intermountain Healthcare Development Team. Care Process Model: A primary guide to lifestyle and weight management. *Intermountain Healthcare*. 2007

Intermountain Healthcare Development Team. Care Process Model: Weight Management for Children and Adolescents. *Intermountain Healthcare*. 2007

Williams DP, Christensen NK, Pfister R, Murphy, D. Participation in a 4-H food camp to promote nutrition knowledge and culinary skills. *J NEAFCS*. 2006;17-20, 22.

Christensen NK, **Williams DP**, Pfister R. Cost savings and clinical effectiveness of an extension service diabetes program. *Diabetes Spectrum*. 2004;17(3):171-175.

Williams DP, LeBlanc HR, Christensen NK. Diabetes stepping up to the plate: An education curriculum focused on food portioning skills. *J Extension*, 2004;42(3).

Williams DP. (2004). The glycemic index. Logan, UT: Utah State University Extension. 2004; FN/2004-01. Fact Sheet.

Williams DP, Christensen NK, Pfister R. The role of extension in diabetes education. *J UT Acad Arts Science*. 2002;79:64-69.

Beto JA, Bansal VK, Ing TD, Daugirdas JT for the Council on Renal Nutrition National Research Question Collaborative Study Group. Variation in blood sample collection for determination of hemodialysis adequacy. *Am J Kidney Dis*, 1998;January.

Book Chapters

Williams, DP (chapter team lead), Freeman J, Krick H, Riddle E, Wall-Bassett ED. *Planning Learning*. In Beto JA, Holli BB. Nutrition Counseling and Education Skills a Practical Guide. 8th ed. Jones & Bartlett Learning; 2022.

Williams, DP. *Providing Nutrition Support*. In Swearingen PL, Wright J. *All-in-one Nursing Care Planning Resource: Medical-Surgical, Pediatric, Maternity, and Psychiatric*. 5th ed. Elsevier Mosby; 2018.

Williams DP, Christensen NK. *Principles of nutrition*. In Osborn LM, DeWitt TG, First LR, Zenel JA. *Comprehensive Pediatrics*. Philadelphia, PA:Elsevier Mosby; 2005;145-152.

Christensen NK, **Williams DP**. *Nutrition in children with chronic disease*. In Osborn LM, DeWitt TG, First LR, Zenel JA. *Comprehensive Pediatrics*. Philadelphia, PA:Elsevier Mosby; 2005;894-898.

Multi-Media Materials

**indicates student mentored project, ** indicates peer reviewed)*

*Woodbury B, Smith M, **Williams DP**. Lessons Learned: State Actions and Advocacy to Address Malnutrition. Webinar. *Defeat Malnutrition Today*. 2022

McGregor Grace (editor), **Williams DP** (content). Life Sciences Lifestyle: Getting Enough Vegetables in Your Diet. [YouTube Video](#) *Brigham Young University Life Sciences*. 2021

****Williams DP** for the Academy of Nutrition and Dietetics Quality Scope and Standards of Practice Workgroup. Standards of Practice and Standards of Professional Performance for the RDN and NDTR. Pre-recorded Webinar (two modules). *Academy of Nutrition and Dietetics*. 2018.

****Williams DP** for the Academy of Nutrition and Dietetics Quality Strategies Workgroup. National Quality Strategies Overview. Pre-recorded Webinar (two modules). *Academy of Nutrition and Dietetics*. 2015

****Williams DP**. Academy Scope of Practice for RDs or RDNs and DTRs: What educators and students need to know. Pre-recorded Continuing Education Webinar. *Academy of Nutrition and Dietetics*. 2013

****Williams DP**. Diabetes and nutrition video. *Utah Department of Health Diabetes Control Program, USU Extension diabetes series*. 2002.

****Williams DP**, Wolf M. How to safely can salsa. *Web guide –USU Extension Salt Lake County*. 2001.

****Williams DP**, Christensen NK. Diabetes – stepping up to the plate. Series curriculum. *USU Extension*. 2001

Abstracts, Posters, Conference Proceedings

**indicates student mentored project*

*Griffen B, Bowden J, **Williams DP**. Pre-and post-operative Nutrition Education Curriculum for Neuro and Orthopedic Surgery. *Conference Proceedings*. 2023. Abstract and Poster presented at Utah Academy of Nutrition and Dietetics Annual Conference, West Jordan, UT

*Woodbury, B, **Williams DP**. Malnutrition in Utah: Why it matters and what actions to take. *Conference Proceedings*. 2022. Abstract and Poster presented at Utah Academy of Nutrition and Dietetics Annual Conference, West Jordan, UT

*Bastian KD, Christensen MC, Richards R, **Williams DP**. Revising the NDFS 100 online course using pedagogy and theoretical foundations to promote an effective learning environment. *Conference Proceedings*. 2022. Abstract and Poster presented at Utah Academy of Nutrition and Dietetics Annual Conference, West Jordan, UT

*Taggart C, Patten EV, Stokes N, **Williams DP**. Using the social cognitive theory to create farm to fork education materials. *Conference Proceedings*. 2019. Abstract and Poster presented at Utah Academy of Nutrition and Dietetics Annual Conference, Salt Lake City, UT.

*Riley AB, Bellini SG, Kaiser D, Merrill K, Novilla L, Zundel W, **Williams DP**. Effects of an interprofessional education course at a non academic health center university on health profession students' attitudes. *Conference Proceedings*. 2018. Abstract and Poster presented at Utah Academy of Nutrition and Dietetics Annual Conference, Murray, UT.

*Wasden RE, Meier A, Kimmons R, Richards R, **Williams DP**. Student perceptions of usability and international applicability of an open-access nutrition textbook for a general college nutrition course. *Conference Proceedings*. 2018. Abstract and Poster presented at Utah Academy of Nutrition and Dietetics Annual Conference, Murray, UT.

*Doney R, Brown LB, **Williams DP**, Eggett DL, Richards R. Changes in college students' perceptions and use of canned foods with an intervention. *Conference Proceedings*. 2018. Abstract and Poster presented at Utah Academy of Nutrition and Dietetics Annual Conference, Murray, UT.

Merrill KC, **Williams DP**, Jacobs J, *Burton A. Effect of an interprofessional education course on undergraduate student attitudes. *Conference Proceedings*. 2018. Abstract and Poster presented at Western Institute of Nursing Conference, Spokane, WA.

Brown LB, Richards R, **Williams DP**. College students' perceptions of canned foods. *J Nutr Educ Behav*. 2015;47S:S51-S52. Abstract and Poster presented at Society for Nutrition Education and Behavior Conference. Pittsburg, PA.

Williams DP, Merrill K, Heise B, Novilla MLB. Integrating interprofessional education into dietetics, nursing, and public health curriculum. *J Acad Nutr Diet*. 2014;114S2:A68. Abstract and poster session presented at Food and Nutrition Conference and Expo. Atlanta, GA.

*Garlock MM, *Manwill KNC, Eggett DL, **Williams DP**. Introduction to dietetics course influences students' major and career choices. *Conference Proceedings*. 2014. Abstract and Poster presented at Utah Academy of Nutrition and Dietetics. Sandy, UT.

Williams DP, Christensen NK, Eggett DL. A structured long-term weight management program is effective in reducing BMI z-scores and improving adherence to lifestyle guidelines, in children. *Conference Proceedings*. 2011. Abstract and Poster presented at Utah Dietetic Association. Ogden, UT.

Williams DP, Christensen NK, McDonald CM, Braae MA, McBride AB, Sundberg SM, Musselman JD. Adherence to lifestyle recommendations of overweight children in a structured weight management program. *Conference Proceedings*. 2011. Abstract and Poster presented at Utah Dietetic Association. Ogden, UT.

Williams DP, Christensen NK, McDonald CM, Braae MA, McBride AB, Sundberg SM, Musselman JD. Adherence to lifestyle recommendations of overweight children in a structured weight management program. *J Nutr Educ Behav*. 2010;42S:S119. Abstract and Poster presented at Society for Nutrition Education and Behavior Conference. Reno, NV.

McGuire D, Christensen NK, **Williams DP**. The effectiveness of active learning: Health fairs as a tool for dietetic associations to improve nutrition/health knowledge and behaviors. *J Am Diet Assoc*. 2008;108S:A88. Abstract and Poster presented at American Dietetic Association. Philadelphia, PA.

Williams DP, Braae MA, Coombs S, McBride AB, Beggs J, Conway T. An Electronic note improves charting compliance. *Conference Proceedings*. 2007. Abstract and Poster presented at Utah Dietetic Association. Layton, UT.

Christensen NK, **Williams DP**, *USU Dietetic Students. Trade your hat: A skin cancer awareness program through Utah State University Extension. *Conference Proceedings*. 2005. Abstract and Poster presented at Utah Dietetic Association. Salt Lake City, UT.

Williams DP, Christensen NK, *USU Dietetic Students. The effect of knowledge and food skills through participation in a food camp; a Utah State University Extension program. *Conference Proceedings*. 2005. Abstract and Poster presented at Utah Dietetic Association. Salt Lake City, UT.

Williams DP, Pace M, Palmer M, LeBlanc H, McKendrick, S. Trade Your Hat: A skin cancer awareness program. *Conference Proceedings*. 2005. Abstract presented at Extension Annual Planning and Professional Development Conference. Logan, UT.

*Chandler T, *Inglet E, *Pearson K, *Richey K, *Talbot A, *Van Gils A, Christensen NK, **Williams DP**. Effectiveness of an Extension Service heart healthy education program on knowledge and lifestyle habits. *Conference Proceedings*. 2004. Abstract and Poster presented at Utah Dietetic Association Conference. Salt Lake City, UT.

*Hendricks A, *Holding J, *Lamb T, *Trout A, *Waddoups E, Christensen NK, **Williams DP**. Nutrition placemats increase self-perceived knowledge of participants in senior centers. *Conference Proceedings*. 2004. Abstract and Poster presented at Utah Dietetic Association Conference. Salt Lake City, UT.

Williams DP. Walk through Utah. *Conference Proceedings*. 2003. Abstract presented at Utah State University Extension Family and Consumer Science Professional Development Training. Provo, UT.

Williams DP, Christensen NK. Limiting glucose rises through portion sizes – Diabetes education program. *Conference Proceedings*. 2002. Abstract presented at Utah State University Extension Annual Conference. Logan, UT.

Christensen NK, **Williams DP**, *USU Dietetic Students. Comparison of diabetes education Food Guide Pyramid vs. individual meal planning. *Conference Proceedings*. 2002. Abstract and Poster presented at Utah Dietetic Association. Lehi, UT.

Christensen NK, **Williams DP**, *USU Senior Dietetic Students. The role of extension in diabetes education. *Conference Proceedings*. 2001. Abstract and Poster presented at *Utah Dietetic Association Conference*. Lehi, UT.

Works Produced by Mentored Students

**indicates student mentored project*

*Woodbury, B, Williams DP. *Malnutrition in Utah: Why it matters and what actions to take*. Distributed to American Society for Parenteral and Enteral Nutrition Malnutrition Group, Pediatric Nutrition Group of the Academy of Nutrition and Dietetics, Utah Academy of Nutrition and Dietetics. 2022.

*Bastian, K. *Redesign of the NDFS 100 Essential of Human Nutrition Online Course*. 2022.

Brewer J, *Wangemann A. *Beyond the Box*. Table Books an imprint of Cedar Fort. 2021.

*Osborne, S. *Standardized Menus and Communication Plan for Intermountain Healthcare Nutrition Services and Childcare Centers*. 2021.

*Taggart, C. *Farm to School Online Course and Curriculum for Schools and Food Producers*. 2018. Utah State Office of Education

*England R. *Energy Balance in Principles of Nutrition*. Open Access Introductory Nutrition Text. Brigham Young University- Idaho. 2017.

*England R. *Promoting Healthy Weight in Principles of Nutrition*. Open Access Introductory Nutrition Text. Brigham Young University- Idaho. 2017.

*Hansen, E. *Y-Weight: A Healthy Weight Management Program*. Three months, 12 session weight management curriculum and program. Brigham Young University Wellness. 2013.

Presentations to Professional Audiences (Topics: Nutrition, standard of practice in dietetics, quality improvement, professionalism in dietetics, dietetics education)

Location	Number Presentations	Participants
National/Regional	11	605
State/Local	49	3242
Total:	58	3847

External and Internal Competitive Funding

Type	Grants Awarded	Funded Amount
External	10	\$54,041.00
Internal	6	\$56,306.00
In-Kind Donations	3	\$13,082.00
Totals:	16	\$123,429.00

External Competitive Funding

- \$200. Tossed Treasures: Limiting Food Waste. *Academy of Nutrition and Dietetics* Mini-grant. 2016
- \$30,000. Live Health Habits for Kids Weight Management Program. *Danone Corporation*. 2008
- \$1,100. GameOn: Increasing Physical Activity in Schools. *Action for Healthy Kids*. 2007
- \$250. Living Well Week: Marketing Family and Consumer Science Resources. *National Extension Association of Family and Consumer Science* Mini-grant. 2005.
- \$4,101.00. Nutrition Education for Seniors Using Place-mat Fact Sheets. *Office of the Attorney General State of Utah*. 2004
- \$9,940.00. Translation and Teaching of Food Portioning Skills for Diabetes in Hispanic and Native American Groups. *Office of the Attorney General State of Utah*. 2004.
- \$4000. Building Plans to Educate School Administrators about Wellness. *Action for Healthy Kids*. 2004
- \$1,900. Healthy Lifestyles Project: Walk through Utah. *Kraft Foods Inc*. 2003
- \$1,300. Diabetes Stepping Up to the Plate. *Dairy Council*. 2002
- \$1,250. Healthy Lifestyle Programming: Diabetes Education. *National Extension Association of Family and Consumer Science*. 2001.

Internal Competitive Funding

- \$4,700. Advancing Dietetics Practice through Simulated Nasoenteric Feeding Tube Placement. *Brigham Young University, College of Life Sciences*. 2022.
- \$4,100. Implementing a Web-Based Learning Platform to Train Students in the Usage of Electronic Health Records. *Brigham Young University, College of Life Sciences*. 2020.
- \$5,000. Interprofessional Education. *Brigham Young University Faculty Center*. 2012-2013, 2015-2022 (\$250-750 each award)
- \$20,000. Interprofessional Education: Training in an Academic Environment. *Brigham Young University College of Nursing Mentoring Environment Grant*. 2013

- \$8,600. Interprofessional Education: Training in an Academic Environment. *Brigham Young University College of Life Science Teaching Enhancement Grant*. 2013
- \$5,660. Trade Your Hat – Skin Cancer Program. *Utah State University Extension*. 2004
- \$5,000. Trade Your Hat – Skin Cancer Program. *Utah State University Extension*. 2003
- \$9,696. Improving Diabetes Control Through a Nutrition Education Program Emphasizing Portion Control. *Utah State University Research Office New Faculty Grant*. 2002

PROGRAM DEVELOPMENT

Presentations Taught and Programs/Events Developed

Community Presentations Developed and Taught

Type of Presentation	Number of Presentations	Number of Participants
Food and Nutrition	127	5,684
Food Preservation, Storage, and Safety	48	935
Other Family and Consumer Science	5	148
4-H, Youth, and Volunteer Development	17	306
Total:	195	6,919

Community Programs/Events Developed

Program or Event	#Programs Developed/ #Events held	Number of Participants/Exhibits
Health Programs	10/36	1,800
4-H, Youth Volunteer Events and Exhibits	8/31	323/3,901
Food Preservation, Safety, and Storage	2/7	315
Total:	20/73	2,438/3,901

Educational Material Produced. Print, Web, and Broadcast Media: over 350 newspaper articles, television, and radio appearances

Presentations/Programs Facilitated (planning workshops, conferences, trainings)

Type of Presentation/Program	Number of Presentations	Number of Participants
Medical Nutrition Therapy	21	610
Nutrition General	13	285
Total:	34	895

CITIZENSHIP

Academic Citizenship

University

2022-current	Task Force, Sorenson Center for Moral and Ethical Leadership
2022-current	Member, BYU Healthcare Leadership Collaborative
2013-2015	Secretary, BYU Faculty Women's Association

College

2022	Mentor, BYU College of Life Sciences, Women in Life Sciences Event
2022	Member, BYU College of Life Sciences Input Gathering Committee, Employee Experience
2022-current	Board Member, Marriott School of Management, Master of Public Administration, Alumni Board
2011-2019	Member, BYU College of Life Sciences Curriculum Committee
2012	Mentoring Education Grant reviewer, BYU College of Life Sciences
2010-2011	Member, BYU College of Life Sciences Assessment and Outcome Committee
2004-2005	Member, USU Extension Food Safety Specialist search committee
2004	Member, USU Extension Health Issues Team
2002	Member, Family Nutrition Program Annual conference planning team
2002	Member, USU Extension FOCIS Standing Committee on Reporting
2001	Member, USU Cooperative Extension Review Committee

Department

2021-current	Self-Study and Strategic Planning Committee, BYU Department of Nutrition, Dietetics, and Food Science
2019-current	Program Chair- Dietetics, BYU Department of Nutrition, Dietetics, and Food Science
2016-current	Member, BYU Department of Nutrition, Dietetics and Food Science, Professional Development/ Rank and Status Committee
2015-current	NDFS 100 Co-Coordinator
2019-2021	CURA grant reviewer, BYU Department of Nutrition, Dietetics, and Food Science
2012-2019	Chair, BYU Department of Nutrition, Dietetics and Food Science, Undergraduate Committee
2015	Member, BYU Nutrition, Dietetics and Food Science Faculty search committee
2010-2012	Member, BYU Department of Nutrition, Dietetics and Food Science, Undergraduate Committee

Professional Citizenship

Corporate Service

2006-2010	Chair, Intermountain Healthcare Pediatric Nutrition Weight Management Team
2006-2007	Member, Intermountain Healthcare Pediatric Weight Management Care Process Model Team
2006-2010	Member, Intermountain Adult Weight Management Standardization Team
2005-2010	Member, Intermountain Clinical Nutrition Manager Team
2006-2008	Co-chair, Intermountain Clinical Nutrition Manager Team

National and Regional

Leadership Service

2022-current	Higher Education Subdivision, Secretary, Society for Nutrition Education and Behavior. <i>Elected</i>
2021-current	Nutrition and Dietetic Educators and Preceptors Mentor for New Dietetic Internship Directors. <i>Selected.</i>
2019-current	Interprofessional Education Subcommittee member; 2021- Chair, Society for Nutrition Education and Behavior. <i>Invited.</i>
2010-current	Reviewer refereed journal articles on obesity, nutrition education (various journals)
2014, 2015, 2020-current	Item Writer and Pool Reviewer for the Registered Dietitian Nutritionists and Nutrition and Dietetics Technician Registered Examination, Commission on Dietetic Registration. <i>Invited Appointed.</i>
2016-2022	Delegate House of Delegates. Academy of Nutrition and Dietetics. representing the Utah Academy of Nutrition and Dietetics. Delegate mentor 2017. <i>Elected.</i> 2018-2020 House of Delegates Culture Team (<i>Selected</i>) 2021-2022 Subject Matter Expert Collaborative Ready Practice (<i>Selected</i>)
2021	Academy of Nutrition and Dietetics Foundation Frederick Green Memorial Nutrition Communications Experience Award Review Committee. <i>Invited</i>
2019, 2021	Academy of Nutrition and Dietetics Honors and Awards Excellence in Education Practice Reviewer. <i>Invited</i>
2021	Reviewer, Tenure and Promotion Process, Utah State University Teaching Faculty
2020	Reviewer, Utah State University Master of Dietetic Administration Program, online course curriculum
2019-2021	Communication Chair. Nutrition Education for the Public, Dietetic Practice Group of the Academy of Nutrition and Dietetics. <i>Appointed.</i>
2015-2016, 2020	Practice Audit Committee for the Registered Dietitian Nutritionists and Nutrition and Dietetics Technician Registered Examination, Commission on Dietetic Registration. <i>Invited Appointed.</i>
2017-2019	Editorial Review Board, Networking News a publication of Nutrition Education for the Public, Dietetic Practice Group of the Academy of Nutrition and Dietetics. <i>Appointed.</i>

2016-2019	Past-Chair 18-19, Chair, 17-18; Chair-Elect 16-17, Nutrition Education for the Public, Dietetic Practice Group of the Academy of Nutrition and Dietetics. <i>Elected.</i>
2013-2019	Quality Strategies Workgroup of the Quality Management Committee, Academy of Nutrition and Dietetics. <i>Invited Appointed.</i>
2018	Lead, FNCE Session Proposal Taskforce, Quality Strategies Workgroup of the Quality Management Committee, Academy of Nutrition and Dietetics. <i>Appointed.</i>
2014-2018	Scope and Standards of Practice Workgroup of the Quality Management Committee, Academy of Nutrition and Dietetics. <i>Invited Appointed.</i>
2015-2016	Monthly Columns Coordinator, Nutrition Education for Public Dietetic Practice Group of the Academy of Nutrition and Dietetics. <i>Appointed.</i>
2013-2015	Chair, Vice Chair, Quality Management Committee, Academy of Nutrition and Dietetics. <i>Invited Appointed.</i>
2012-2015	Quality Management Committee, Academy of Nutrition and Dietetics. <i>Appointed.</i>
2011-2012	Scope of Dietetics Practice Sub-Committee of Quality Management, Academy of Nutrition and Dietetics. <i>Appointed.</i>
2006-2010	Expert Reviewer: Nutrition www.KidsHealth.org . <i>Invited.</i>
2003-2004	External Marketing Committee, National Association of Family and Consumer Science. <i>Invited Appointed.</i>
2003	Volunteer, Galaxy II Extension Conference

Association Membership

2008-current	Member, Society for Nutrition Education and Behavior
1998-current	Member, Beta Gamma Sigma, Business Honor Society
1990-current	Member, Academy of Nutrition and Dietetics (formerly American Dietetic Association)
2000-2005	Member, National Extension Association of Family and Consumer Science

State and Local

Utah Academy of Nutrition and Dietetics (previously Utah Dietetic Association)

2019-current	Coordinator, Abstract and Poster Committee. Utah Academy of Nutrition and Dietetics. <i>Appointed.</i>
1990-current	Member
2016-2022	Delegate to National House of Delegates representing the Utah Academy of Nutrition and Dietetics. Delegate mentor 2017. <i>Elected.</i>
2000-2001, 2019	Awards Committee. <i>Appointed.</i>
2011-2014	Coordinator, Let's Move Campaign and Program. <i>Appointed.</i>
2004-2007	President Elect, President, and Past President. <i>Elected.</i>
2000-2003	Update Newsletter Editor. <i>Appointed.</i>
1999-2001	Legislative Network Coordinator. <i>Elected.</i>
1997-1998	Legislative Network Coordinator Elect. <i>Elected.</i>

Community Citizenship

2022-current	Southern Utah University Dietetics Program, Advisory Board
2018-current	FACS Food and Nutrition Advisory Board, Granite School District
2015-2017	Member, Utah Breakfast Expansion Team.
2014-2015	Chair, State of Utah Division of Occupational Professional Licensing Certified Dietitian Board.
2010-2020	Health Services Advisory Committee, Centro de la Familia Head Start
2007-2015	State of Utah Division of Occupational Professional Licensing Certified Dietitian Board (Governor appointed position; two terms)
2007-2010	Chair and Co-Chair, Utah Action for Healthy Kids
2005-2016	Utah Department of Health, Physical Activity, Nutrition, and Obesity School Workgroup
2004-2006	Jordan School District Wellness Policy Committee Member
2004-2005	Member, SLFIT (Salt Lake Fit)
2003-2016	Member, Utah Action for Healthy Kids Core Committee
2003-2013	Health Services Advisory Committee, Salt Lake CAP Head Start
2002-2005	Member, Utah Food Safety Coalition
2001-2011	Deseret News Sterling Scholar Judge
2001-2005	Utah Department of Health Diabetes Advisory Committee
2000-2002	Judge Utah State Fair canning exhibits

AWARDS AND HONORS

Awards and Honors for Teaching and Program Development

Regional and National

- Williams, DP. Outstanding Dietetic Educator in a Dietetic Internship Program. West Coast Region, Nutrition and Dietetic Educators and Preceptors, Academy of Nutrition and Dietetics. 2023.
- Williams DP, Albertson MK, Scott P, Perfetto B. *First Place Newsletter- National*. National Extension Association of Family and Consumer Sciences. 2003.
- Williams DP. *New Professional Award*. National Extension Association of Family and Consumer Sciences – Western Region. 2002.
- Williams DP. *Public Policy Challenge Level III*. National Extension Association of Family and Consumer Sciences. 2002.

State, Local, University

- Williams, DP. Outstanding Teaching Award. *College of Life Sciences, Brigham Young University*. 2023.
- Lewis T, Williams DP. *Health Care Hero-Community Outreach*. Utah Business Magazine. 2008.
- Williams DP. *Peer Recognition*. Utah Extension Association of Family and Consumer sciences. 2004.
- Williams DP. (2004). *Taggart Ballard Award of Excellence*. Utah State University Extension. 2004.
- Belliston JT, Holmes DL, Guy SM, the FOCIS testing team. *Technology Team Award*. Epsilon Sigma Phi Iota Chapter. Member of team. 2004.

- Williams DP, Albertson MK, Scott P, Perfetto B. *First Place Newsletter*. Utah Extension Association of Family and Consumer Sciences. 2003.
- Williams DP. *Peer Recognition*. Utah Extension Association of Family and Consumer Sciences. 2003.
- Williams DP. *New Professional Award*. Utah Extension Association of Family and Consumer Sciences. 2002.

Awards and Honors for Citizenship

- Williams, DP. Citizenship Award. *Brigham Young University, Faculty Women's Association*. 2017.
- Williams DP. Outstanding Dietitian of the Year Utah. *Academy of Nutrition and Dietetics*. 2014.
- Williams DP. Award of Merit. *Utah Academy of Nutrition and Dietetics*. 2014.
- Williams DP, Proctor D. *Living Well Award – Western Region*. National Extension Association of Family and Consumer Sciences. 2004.
- Williams DP. Certificate of Recognition, Outstanding Contribution to Action For Healthy Kids State Team. *Action for Healthy Kids*. 2004.
- Williams DP. Recognition of Service Award. *American Dietetic Association*. 2000.
- Williams DP. Emerging Dietetic Leader of the Year Award. *Utah Dietetic Association*. 2000.

Awards and Honors for Scholarship

- Williams DP, Christensen NK, McDonald CM, Braae MA, McBride AB, Sundberg SM, Musselman JD. Adherence to lifestyle recommendations of overweight children in a structured weight management program. *First Place Poster Session – Professional Category. Utah Dietetic Association*. Ogden, UT. Poster. 2011.
- McGuire D, Christensen NK, Williams DP. The effectiveness of active learning: Health fairs as a tool for dietetic associations to improve nutrition/health knowledge and behaviors. *First Place Poster Session – Professional Category. Utah Dietetic Association*. Sandy, UT. Poster. 2009.
- Williams DP, Braae MA, Coombs S, McBride AB, Beggs J, Conway T. An Electronic Note Improves Charting Compliance. *First place Poster Session – Professional Category. Utah Dietetic Association*. Layton, UT. Abstract and Poster. 2007.
- Chandler T, Inglet E, Pearson K, Richey K, Talbot A, Van Gils A, Christensen NK, Williams DP. Effectiveness of an Extension Service heart healthy education program on knowledge and lifestyle habits. *First place Poster Session – Undergraduate Category. Utah Dietetic Association Conference*. Salt Lake City, UT. Poster. 2004.
- Williams DP, Christensen NK, Pfister R. The Role of Extension in Diabetes Education. *Best Paper Award – Journal of the Utah Academy Division of Health, Physical Education, and Recreation*. 2002.
- Christensen NK, Williams DP, USU Senior Dietetic Students. The role of extension in diabetes education. *First Place, Poster Session, undergraduate category. Utah Dietetic Association*. Lehi, UT. Abstract and Poster. 2001.