**ALYSSA BANFORD WITTING**

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| School of Family Life | Phone: (801) 422-6767 |
| Marriage and Family Therapy Program | alyssa\_banfordwitting@byu.edu |
| 258 TLRB |  |
| Provo, UT 84604 |  |

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| **Education** |

Ph.D. 2011 Marriage and Family Therapy Texas Tech University,

Lubbock, TX

M.S. 2009 Marriage and Family Therapy Auburn University,

Auburn, AL

B.S. 2007 Marriage Family & Human Development Brigham Young

University,

Provo, UT

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| **Professional Experience** |

2017 – Present Associate Professor, Marriage and Family Therapy, School of Family Life

Brigham Young University, Provo, UT.

2013 – 2017 Assistant (to Associate) Professor of Couple and Family Therapy, Alliant

International University, San Diego, CA.

2011 – 2013 Assistant Professor in Residence (Resident Therapist, Approved Supervisor Candidate) Marriage and Family Therapy Training Program, University of Connecticut, Storrs, CT.

Postdoctoral Fellowship and Visiting Professorship in Marriage and Family Therapy, University of Connecticut, Storrs, CT.

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| **Research Interests** |

My research interest broadly encompasses processes sustaining trauma symptoms as well as resources aiding rehabilitation in trauma affected populations. I tend to utilize stress and resource theories as my foundational lens in examining these issues.

My emphasis of topical interest is in mass trauma events. Specifically, I am interested in the relational, contextual, and socio-cultural issues which influence trauma symptoms and recovery in individuals, families, and communities affected by natural disaster. I have conducted research in Sri Lanka and the US with war and disaster affected populations.

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| **Peer Reviewed Publications** |

**\*Denotes student co-author**

(33) ***Banford Witting, A.,*** Bagley, L.\*, Nelson, K.\*, & Lindsay, T.\* (2020).Natural Disasters and the Relational Study of the Family: A 2-Decade Scoping Review. *International Journal of Disaster Risk Reduction,* <https://doi.org/10.1016/j.ijdrr.2020.101990>

(32) ***Banford Witting, A.,*** & Busby, D. (2020). The Residuum of Childhood Physical and Sexual Abuse: Coming to Terms in Couple Relationships. *​Journal of Interpersonal Violence,* [https://doi.org/10.1177/0886260520965972](https://doi.org/10.1177%2F0886260520965972)

(31) Dollahite, D. C., Marks, L. D., ***Banford Witting, A.,*** LeBaron, A. B., Young, K. P., & Chelladurai, J. M. (2020). How relationship-enhancing transcendent religious experiences during adversity can encourage relational meaning, depth, healing, and action. *Religions, 11,*519. <https://doi.org/10.3390/rel11100519>

(30) Hee, C.\*, ***Banford Witting, A.,*** Sandberg, J., (2020). Family adversity and relationship quality for Pacific Islanders and the mediating role of coming to terms, self-esteem, and depression.*Journal of Marital and Family Therapy*

(29) Marshall, K.\*, ***Banford Witting, A.,*** Sandberg, J., Bean, R. (2020). We shall overcome: The association between family of origin adversity, coming to terms, and relationship quality in African Americans. *Contemporary Family Therapy*

(28) ***Banford Witting, A.,*** Lambert, J., Hughes Barrow, B.\*, Whiting, J., Hartshorn, R.\*, Marks, L., Wickrama, T., & Thanigaseelan, S. (2020). ‘We Have Lost Our Lives Already’: Loss and Coping among Sri Lankan Widowed Women. *Journal of Aggression, Maltreatment and Trauma.* <https://doi.org/10.1080/10926771.2020.1759746>

(27) ***Banford Witting, A.****,* Lambert, J., Johnson, L.N., Goodkin, C.\*, & Wickrama, T. (2019). The Stigma of Widowhood in War and Disaster Affected Communities of Sri Lanka: Contextual Paths Between Trauma Exposure and Mental Health Distress. *​International Journal of Psychology*. DOI:10.1002/ijop.12618

(26) Anderson, S.R.,***Banford Witting, A****.,* Tambling, R., Ketring, S., & Johnson, N. (2019). Pressure to attend therapy, dyadic adjustment, and adverse childhood experiences: Direct and indirect effects on the therapeutic alliance in couples therapy. *Journal of Marital and Family Therapy.* Doi: 10.1111/jmft.12394

(25) Banker, J., ***Banford Witting, A.,*** Jensen, J. (2019). Hormones and childhood trauma: Links between the physical and psychological. *The Family Journal.* <https://doi.org/10.1177/1066480719844026>

(24) Brown, M., Whiting, J., Fessler, E., ***Banford Witting, A.,*** Jensen, J. (2019). A dyadic model of stress, coping, and marital satisfaction among parents raising children on the autism spectrum.*Family Relations*. (<https://doi.org/10.1111/fare.12375>)

(23) Whiting, J., Dansby Olufuwote, R., Cravens-Pickens, J. D., & ***Banford Witting, A.*** (2019). Online Blaming and Intimate Partner Violence: A Content Analysis of Social Media Comments. *The Qualitative Report*, 24(1), 78-94. Retrieved from <https://nsuworks.nova.edu/tqr/vol24/iss1/6>

(22) ***Banford Witting, A.,*** & Busby, D. (2018).The long arm of trauma in childhood: Associations with resources in couple relationships. *Journal of Marital and Family Therapy.* DOI: 10.1111/jmft.12354

(21) Karakurt, G., Whiting, K., ***Banford Witting, A.~***(2018). Adult Attachment Security and Different Types of Relational Violence Victimization among College-Age Couples. *Journal of Marital and Family Therapy.* DOI: 10.1111/jmft.12352

*~K Whiting and A Banford Witting both credited as equal contribution 2nd authors*

(20) Sung, J., Mayo, N., ***Banford Witting, A.*** (2018). A Theoretical Investigation of Post-Modern Approaches Used in Medical Settings: Solution-Focused Brief Therapy. *The Family Journal.* [https://doi.org/10.1177/1066480718778527](https://doi.org/10.1177%2F1066480718778527)

(19) Hormozi, T.\*, Miller, M., ***Banford Witting, A.*** (2018). First-generation Iranian refugees’ acculturation in the United States: A focus on resiliency. *Contemporary Family Therapy.* https://doi.org/10.1007/s10591-018-9459-9

(18) Lambert, J., ***Banford Witting, A.,*** James, S., Ponnamperuma, L., Wickrama, T. (2018). Toward Understanding Posttraumatic Stress and Depression among Trauma-Affected Widows in Sri Lanka. *Psychological Trauma: Research, Practice & Policy.* DOI: 10.1037/tra0000361

(17) Hass-Cohen, N., Bokoch, R.\* Clyde Findlay, J., ***Banford Witting, A.*** (2018). A Four-Drawing Art Therapy Trauma and Resiliency Protocol Study. *The Arts in Psychotherapy*. DOI: 10.1016/j.aip.2018.02.003

(16) Grady, J.\*, ***Banford Witting, A****.,* Kim, A., & Davis, S. (2017). Differences in Unit Cohesion and Combat-Related Mental Health Problems Based on Attachment Styles in US Military Veterans. *Contemporary Family Therapy.* https://doi.org/10.1007/s10591-017-9444-8

(15) Lambert, J., ***Banford Witting, A.,*** Anderson, S., Ponnamperuma, L., & Wickrama, T. (2017). Posttraumatic cognitions and depressive symptoms in war and disaster affected widows in Sri Lanka: The role of community support. *Contemporary Family Therapy.* https://doi.org/10.1007/s10591-017-9441-y

(14) Lambert, J., ***Banford Witting, A.,*** Ponnamperuma, L., & Wickrama, T. (2017). Subjective reactions to international research participation: An illustration of ethical considerations with women heading households in Sri Lanka. *American Journal of Orthopsychiatry.* http://dx.doi.org/10.1037/ort0000274

(13) Temple, J.\*, Miller, M., ***Banford Witting, A.,*** Kim, A. (2017). "We walk on eggshells": A phenomenological inquiry of wives' experiences of living with active-duty marine husbands with PTSD. *Journal of Family Social Work*, 1-20. DOI: 10.1080/10522158.2017.1279579

(12) Wickrama, T., Wickrama, K.A.S., ***Banford Witting, A.,*** Lambert, J. (2016). PTSD symptoms among Tsunami exposed mothers in Sri Lanka: The role of disaster exposure, culturally-specific coping strategies and recovery efforts. *Anxiety, Stress, & Coping, 30*(4), 415-427. http://dx.doi.org/10.1080/10615806.2016.1271121

(11) ***Banford Witting, A*.,**Lambert, J., & Wickrama, T. (2016). War and disaster in Sri Lanka: Implications for widow’ family adjustment and perception of self-efficacy in caring for one’s family. *International Journal of Psychology,* DOI 10.1002/ijop.12407

(10) ***Banford Witting, A.****,* & Jensen, J., Brown, M. (2016). Evaluating the utility of MFT models in the treatment of trauma: Implications for affect regulation. *Contemporary Family Therapy*, DOI: 10.1007/s10591-016-9387-5

(9) ***Banford Witting, A.****,* Lambert, J., Wickrama, K.A.T., Thanigaseelan, S., & Merten, M. (2016). War and disaster in Sri Lanka: Depression, family adjustment and health among women heading households. *International Journal of Social Psychiatry*

(8) ***Banford, A.,*** Ivey, D., Wickrama, T., Fischer, J., Prouty, A., & Smith, D. (2016). The role of natural disaster in individual and relational adjustment in Sri Lankan mothers following the 2004 tsunami. *Disasters*, *40*(1), 134-157, doi: 10.1111/disa.12137.

(7) ***Banford, A.****,* & Kiely-Froude, C.\* (2015). Ecofeminism and natural disasters: Sri Lankan women post-tsunami. *Journal of International Women’s Studies, 16*(2), 170-187. Available at: http://vc.bridgew.edu/jiws/vol16/iss2/11

(6) ***Banford*, A.**,Brown, M.D., Ketring, S.A., & Mansfield, T.R. (2014). The relationship between family-of-origin experiences and current family violence: Mediation by attachment and mental health. *American Journal of Family Therapy, http://www.tandfonline.com.* doi:10.1080/01926187.2014.954491

(5) Karakurt, G., Anderson, A., ***Banford, A****.,* Dial, S., Korkow, H., Rable, F. & Doslovich, F. (2014). Strategies for managing difficult clinical situations in between sessions. *American Journal of Family Therapy, 42*(5), 413-425. doi: 0.1080/01926187.2014.909657

(4) ***Banford, A.,*** Wickrama, T., Ketring, S. (2014). Physical health problem intrusion linking religious attributions to marital satisfaction in survivors of the 2004 tsunami. *Journal of Geography & Natural Disasters, 4*(1), http://dx.doi.org/10.4172/2167-0587.1000118

(3) Karakurt, G., Dial, S., Korkow, H., Mansfield, T., & ***Banford, A.*** (2013). Experiences of MFTs working with intimate partner violence. *Journal of Family Psychotherapy, 24,* 1-16. doi: 10.1080/08975353.2013.762864

(2) Brown, M**.**, ***Banford, A.****,* Mansfield, T., Smith, D., & Whiting, J. (2012). Posttraumatic stress symptoms and perceived safety as predictors of dyadic adjustment: A test of mediation and moderation. *American Journal of Family Therapy, 40,* 349-362*.* doi: 10.1080/01926187.2011.611784

(1) ***Banford, A.****,* Wickrama, T., Brown, M., & Ketring, S. (2011). The relationship between physical health problems and couple violence and conflict in survivors of the 2004 Tsunami: Mediation by marital satisfaction. *International Journal of Mass Emergencies and Disasters, 29,* 149-170*.*

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| **Invited or Non-Peer Review Publications** |

***Banford, A.,*** & Korkow, H. & Karakurt, G. (2020). Book review: Five Languages of Love. *Women Faculty of the School of Medicine (WFSOM) newsletter*.

***Banford Witting, A.*** (2018). Introduction to the special issue on systemic approaches to mass trauma. *Contemporary Family Therapy,* in press. DOI: 10.1007/s10591-018-9476-8

***Banford, A.*** *(2014). A broader look at clinical solutions for couple problems. PsycCRITIQUES, 59(35), No pagination specified.*

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| **Manuscripts Under Review** |

Lambert, J., ***Banford Witting. A.,*** (***equal contribution as* *co first authors****).* (revision 1 submitted 10/2020). Mass trauma and long-term psychological distress: The role of economic deprivation among older widows in Sri Lanka. *International Perspectives in Psychology: Research, Practice, Consultation*

***Banford Witting, A.,***& Busby, D. (Submitted 12/15/2020). Loss in Connection with Catastrophes (LICCS) Scale: Understanding Couple Outcomes, *Journal of Marital and Family Therapy*

***Banford Witting, A.,*** Lambert, J., & Rellaford, S.R.\* (Submitted 10/5/2020). Couple outcomes and disaster: The role of social support. *Family Relations*

Wickrama, T., Ponnamperuma, L., Wickramarante, W., Thanigaseelan, S., ***Banford Witting, A.,*** Lambert, J. (Under Review). CBT-BMCT Psychotherapy for Women Affected by War in Post Conflict Sri Lanka.   *Women's Studies International Forum*

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| **Books and Book Chapters** |

***Banford Witting, A.,*** Bagley, L.\* (2020). Theoretical Overview of Disaster Stressors and Responses: Relational and Clinical Implications.In K.E. Cherry, & A. Gibson, (Eds.), *The intersection of trauma and disaster behavioral health.* New York, NY: Springer.

Wieling, E., Utrzan, D., ***Banford Witting, A.*** & Seponski, D. (2020). Global Mental Health, Traumatic Stress, and Displaced Families. In K.S. Wampler, M. Rastogi, R. Singh, (Eds.), *The* *handbook of systemic family therapy: Volume 4. Systemic Family Therapy and Global Health Issues*. Hoboken, NJ: John Wiley & Sons.

***Banford, A.****,* Lambert, J., & Wickrama, T. (2016). Cumulative effects of multiple traumas in women widowed by war and disaster in the developing world: The case of Sri Lanka. In B. Ghafoori, Y. Caspi & S. Smith (Eds.), *International perspectives on traumatic stress: Theory, access, and mental health services.* Hauppauge, NY: Nova Science Publishers.

***Banford, A.*** & Tambling, R. B. (2014). Symbols of practice: A guided exploration of roles and themes in MFT training cohorts. In Roy Bean, Sean Davis, & Maureen Davey (Eds.) *Increased Self-Awareness: Experiential Exercises for Dedicated Clinicians and Supervisors.* Wiley and Sons.

***Banford, A.*** (2013). *The Role of Natural Disaster in Individual and Relational Adjustment*. Saarbrücken, Germany: LAP LAMBERT Academic Publishing.

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| **In Progress Publications** |

Bagley, L.\*, ***Banford Witting, A.*** (anticipated submission winter 2021). Relational and mental health outcomes of trauma and disaster: The mediating role of grit

Freeman, E.\*, ***Banford Witting, A.*** (anticipated submission winter 2021). Coping in couples: The role of disaster and trauma

***Banford Witting A.*** & Canevello, A. (anticipated submission winter 2021). COVID-19: Implications for couple relationships

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| **Professional Paper and Poster and Conference Presentations** |

***Banford Witting, A.,*** Busby, D.M. (2020). The Residuum of Childhood Trauma: Coming to Terms in Relationships. *This presentation was accepted as a brief research presentation. Because of COVID-19 the conference was truncated and only the abstract was included.*

***Banford Witting, A.*** (2020). Family Therapy and Disasters. *This presentation was accepted as a brief research presentation. Because of COVID-19 the conference was truncated and only the abstract was included.*

***Banford Witting, A.*** (2020). Assessing Catastrophe: A Resource-Based Approach. *Poster presentation at the Natural Hazards Workshop, Online because of COVID-19.*

Bagley, L.\*, ***Banford Witting, A.,*** Busby, D. (2019). Trauma During Childhood & Resources in Couple Relationships. *Presentation at the American Association for Marriage and Family Therapy Annual Conference (AAMFT), Austin, TX.*

Hee, C.\*, ***Banford Witting, A.,*** Sandberg, J. (2019). Coming to Terms with Family Adversity and Relationship Satisfaction for Pacific Islanders. *Presentation at the American Association for Marriage and Family Therapy Annual Conference (AAMFT), Austin, TX.*

***Banford Witting, A.,*** Anderson, S., Johnson, L.N., Ketring, S., Tambling, R. (2018). Trauma, Adjustment, Pressure and Alliance in Couples Therapy. *National Council on Family Relations (NCFR), San Diego, CA.*

***Banford Witting, A.,*** Lambert, J., Johnson, L.N., Goodkin, C., & Wickrama, T. (2018). The Stigma of Widowhood in War and Disaster Affected Communities of Sri Lanka. *Society for Prevention Research, Washington, DC.*

***Banford Witting, A****.,*Lambert, J. (2017). Subjective reactions to international research participation: An illustration of ethical considerations with women heading households in Sri Lanka. *Women in Academia Conference, Provo, UT.*

Wickrama, T., Wickrama, K.A.S., Merten, M., ***Banford Witting, A.,*** & Seelan, S. (2017, November). Health and Behavioral Consequences of the Civil War in Sri Lanka: A case of war affected women heading households. *NCFR, Orlando, FL.*

Bordieri, R., & ***Banford Witting, A.*** (2017, March). Attachment behaviors in couples with a bipolar partner. *AAMFT-CA, 2017, San Diego, CA.*

***Banford Witting, A*.,**Goodkin, C., Lambert, J., & Wickrama, T. (2017, March). Invariance by interviewer gender in the measurement of internalized stigma. *IFTA, 2017, Malaga, Spain.*

Lambert, J., ***Banford Witting, A.****,* & Wickrama, T. (2016, November). Toward understanding the mental health status of war and disaster affected widows in Sri Lanka: An application of COR theory. *ISTSS, 2016, Dallas, TX.*

Wickrama, T., Wickrama, K.A.S., ***Banford Witting, A.,*** Lambert, J., & Jensen, J. (2016, September). PTSD symptoms among Tsunami exposed mothers in Sri Lanka: The role of culturally-specific coping strategies. *AAMFT, 2016, Indianapolis, IN.*

***Banford Witting, A.*** (2016, June). Invited Presentation - “A Programmatic Study of Trauma: Theory, Methodology and Analysis”, as part of a process research summit

Karakurt, G. ***Banford, A.,*** *Korkow-Moradi, H. (2016, March). Theoretical integration of the five languages of love*. *TAMFT, 2016, Austin, TX.*

***Banford, A.,*** Lambert, J., Wickrama, T., & Nino, A. (2016, March). War and disaster: Support and resilience in Sri Lankan widows. *IFTA, 2016, Kona, HI.*

***Banford, A.,*** (2015, October). War and Disaster in Sri Lanka: Needs assessment and future directions for mental health support of widows. *Women in Academia sponsored by Brigham Young University, 2015, Provo, UT.*

***Banford, A.****,* Morgan, E., & Usman, A. (2015, August). Depression and PTSD symptoms in Hurricane Sandy Affected Individuals. *IVAT, 2015, San Diego, CA.*

Banker, J., & ***Banford, A.*** (2015, February). Trauma and Endocrine Disorders: Integrating Behavioral Health Care. *AAMFTCA, 2015, Riverside, CA.*

Szarzynski, A., Smith, D., ***Banford, A.,*** Whiting, J., Ko, M. (2014, October). Structural Equation Model with Military Spouses. *AAMFT, 2014, Milwaukee, WI.*

Banker, J.E., Hashtpari, H., Collette, A., & ***Banford, A.*** (2014, October). Early live family trauma: Linking mental and physical disorders. *AAMFT 2014, Milwaukee, WI.*

***Banford, A****.,* Hernick, S., & Wickrama, T. (2014, September). Predictors of long-term depression and PTSD symptoms 3 years after the tsunami. *IVAT 2014, San Diego, CA.*

***Banford, A.*** (2014, March) Invited Presentation - “Trauma Research and Clinical Implications”, at the Colombo Institute of Research and Psychology, Sri Lanka

Gurmen, S., ***Banford, A.,*** Webster, E., Anderson, S., & Tambling, R. (2013, October). Parenting Confidence, Mental Health & Family Relationships. *AAMFT 2013, Portland, OR.*

Karakurt, G., Anderson, A., ***Banford, A.****,* Dial, S., Korkow, H., Rable, F. & Dosloviich, F. (2013, September). Strategies for managing difficult clinical situations in between sessions. *IVAT* (18th International conference on violence abuse and trauma), *San Diego, CA.*

Karakurt, G. & ***Banford, A.*** (2013, September). Attachment theory, Sexual Coercion, Emotional Abuse and Physical Assault. *IVAT* (18th International conference on violence abuse and trauma), *San Diego, CA.*

***Banford, A.,***Mudrick, H., Johnson, S., & Anderson, S*.* (2013, October). Predicting Attendance at After School Programs: The Role of Individual Student and Site Level Variables, *AEA 2013, Washington, DC.*

***Banford, A.****,* Mayo, N., Sung, J., Meade, J., & Ivey, D. (2012, October). Comparing Contemporary MFT Models in the Practice of Medical Family Therapy. *NCFR, 2012, Phoenix, AZ.*

***Banford, A.****,* Anderson, S., & Tambling, R. (2012, September). Factor structure of instruments in a training clinic. *AAMFT, 2012, Charlotte, NC*.

Anderson, S., Rose, A., ***Banford, A.****,* Tambling, R. (2012, September). The effectiveness of therapy provided by MFT trainees. *AAMFT, 2012, Charlotte, NC.*

***Banford, A.****,* Ivey, D., Wickrama, T., Fischer, J., Prouty, A. & Smith, D. (2012, March). The role of natural disaster in individual and relational adjustment. *IFTA Congress 2012, Vancouver, Canada.*

Karakurt, G., Dial, S., Korkow, H., Mansfield, T., & ***Banford, A.*** (2011, September). Experiences of MFTs working with intimate partner violence. *AAMFT 2011*, *Fort Worth, TX.*

***Banford, A.****,* Wickrama, T., Ketring, S., Brown, M. (2010, November). The relationship between physical health problems and couple violence and conflict in survivors of the 2004 tsunami: mediation by marital satisfaction. *NCFR 2010, Minneapolis, MN.*

Brown, M., ***Banford, A.****,* Mansfield, T., Ivey, D., Smith, D., Whiting, J. (2010, September). Posttraumatic stress symptoms and perceived safety as predictors of relationship satisfaction: A comparison of community and clinical samples. *AAMFT 2010, Atlanta, GA.*

Anderson, A., Ivey, D., Smith, D., Dial, S., ***Banford, A.*** (2010, September). Gender and violence in relationship to dyads and individuals. *AAMFT 2010, Atlanta, GA.*

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| **Funding/ Grant Proposals** |

***Banford Witting, A*.** (2018). Course Development Grant awarded by the Faculty Development Seminar at Brigham Young University to further develop the Cross-Cultural Family Development Course. **Funded: $300.**

***Banford, A.,*** Lambert, J.,& Wickrama, T. (2015). *REVISION and expansion of: Toward the meeting of long-term psychological needs of widowed women after mass trauma: War and disaster in Sri Lanka.* Visionary Grant: American Psychological Association. **Funded: $17,385.**

***Banford, A.,*** &Lambert, J. (2014). *Toward the meeting of long-term psychological needs of widowed women after mass trauma: War and disaster in Sri Lanka.* Visionary Grant: American Psychological Association. **Unfunded: $19,154.**

***Banford, A.,*** &Lambert, J. (2013). *Needs and Resources of Tamil Women affected by War and Disaster in Sri Lanka.* Psychology Beyond Borders. **Unfunded: $10,000.**

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| **Professional Affiliations** |

* American Association for Marriage and Family Therapy – Clinical member & approved supervisor (student membership began in 2008)
* Utah Association for Marriage and Family Therapy—member since 2017
* Society for Prevention Research – Professional member (2017-2018)
* National Council on Family Relations – Professional member (since 2009)
* APA Division 56, Trauma Psychology – Professional affiliate (2013-2016)

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| **Honors, Awards, and Media Involvement** |

* ***Banford Witting, A.*** (10/4/2017). Interview on BYU Radio’s Top of Mind with Julie Rose*, recovering from mass trauma.*

# DeAngelis, T. (2016).Envisioning a better world: Researchers are using APA visionary grants to better understand and reduce incidents of racially based police shootings, campus sexual assault, biased medical decisions and more. *APA Monitor, 47*(2), 78. (*media mention*)

* Invited reviewer for selection of the “best paper” at the Financial Therapy Conference 2013.
* Recipient of the Health and Social Services Fellowship for the 2010-2011 academic year (Texas Tech University).
* Recipient of the C. J. Davidson Home Economics Endowed Scholarship for the 2009-2010 academic year.
* Selected as a Student Ambassador to attend the 2009 International Quality of Life Awards in New York City, NY.

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| **Additional Professional Activities** |

* **Editorial Board Member**, *Journal of Contemporary Family Therapy* (2020-December 2022)
* **Editorial Board Member**, *Journal of Marital and Family Therapy* (2017-present)
* **Guest Editor**, Special Edition on Mass Trauma, *Journal of Contemporary Family Therapy* (2017- 2018)
* **AD HOC Reviewer**, *Journal of Family Theory and Review* (2018-present)
* **AD HOC Reviewer**, *Psychological Trauma: Theory, Research, Practice, and Policy* (2015-present)
* **Reviewer, conference submissions** to the International Violence Abuse and Trauma summit (2015)
* **AD HOC Reviewer**, *Journal of Contemporary Family Therapy* (2012-2019)
* **AD HOC Reviewer**, *Journal of Marital and Family Therapy* (2012-2016)

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| **Professional Certifications/Licenses** |

License: MFT, Utah #8880108-3902 Valid through 9/30/2022, Issued 1/14/2014

License: MFT, California #94859 Inactive, Issued 8/22/2016

AAMFT Approved Supervisor Status Valid through 2023

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| **College and Departmental Service** |

Fall 2019-present SFL Awards Committee

Winter 2018 Picnic with students (professor discussant)

Winter 2018, 2020 Fulton Conference poster judge

Fall 2018-present JFSB and FHSS Space Committee

Fall 2017-Fall 2018 SFLSA Member

Fall 2017-present MFT graduate committee

Fall 2017-present MFT curriculum and admissions committees

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| **Special College and Departmental Presentations/Service** |

October 29, 2020 Volunteer facilitator for faculty women’s association happy hour meeting about work life balance when working from home.

February-April 2019 Volunteer supervision for an on-campus therapy group for same sex attraction and LGBTQIA community (approx. 3 hours)

January 2020 What works? Balancing work and family for LDS scholars (Panel member). *Women in Academics Conference, Provo, UT.*

February-April 2019 Volunteer supervision for an on-campus therapy group for difficult break ups (approx. 6 hours).

March 2019 Invited Presentation – “Research in Post-War, Post-Tsunami Sri Lanka: Lessons in Cross Cultural Methods.” BYU Methods Workshop for faculty and students, Provo, UT.

February 2019 Invited Presentation – “Loss and stigma in post-conflict Sri Lanka.” BYU Kennedy Center Lecture: Women in Politics Series, Provo, UT.

March 2018 Invited Presentation – “Culture and Trauma: Experience, Expression & Intervention.” BYU hosted Social Work Conference, Provo, UT (CEUs offered for attendance)

September 2017 Temporal aspects of balancing academic life for LDS scholars (Panel member). *Women in Academia Conference, Provo, UT.*

June 13, 2016 Invited Presentation **-** “Trauma Symptoms Across Culture: Implications for Community and Treatment”, as part of the BYU alumni series workshops

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| **Service as Chair/ Advisor on Master’s Committee** |

Liz Freeman anticipated completion August 2021 (Thesis)

Hillary Davis completed August 2020 (Clinical Project)

Anthea Kwan completed August 2020 (Clinical Project)

Katrina Nelson completed August 2019 (Thesis)

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| **Service as Chair/ Advisor on Doctoral Committee** |

Lacey Bagley anticipated completion August 2021

Crystal Robinson 2017

Jennifer Busico 2016

Regina Bordieri 2016

Joseph Grady 2016

Allison Brownlee 2016

Cara Olson 2015

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| **Service as Committee Member on Master’s Committees** |

Jennifer Griffeth anticipated completion August 2022

Morgan Mayne anticipated completion August 2021

Janette Driscoll anticipated completion August 2021

Jordan Gibby anticipated completion August 2021

Bria Davies August 2020

Abby Sagers August 2020

Kensington Osmond August 2020

Connor Barham August 2020

Leo Perez May 2019

Kylee Marshall May 2019

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| **Service as Committee Member on Doctoral Committees** |

Cameron Hee anticipated completion 2021

Doug Wendt anticipated completion 2021

Tya Allred anticipated completion 2022

Mackenzie Clark 2018

Tania Hormozi 2017

Abby Girard 2016

Michael Pounds 2016

Vanessa Rodriguez 2015

Maritza Diaz 2015

Jenna Temple 2015

Jeanne Conner 2015

Tiffany Dzioba 2015

Maryam Jafari 2015

Karilyn Richards 2015

Jeehee Sung 2014

Amanda Szarzynski 2012

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| **Undergraduate Research Facilitation** |

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| **Student Name** | **Project Type** | **Start** | **Type** | **[Anticipated] Finish** |
| Toree Hafen | Open Coding of Focus Group Data | Fall 2017 | Credit | Fall 2017 |
| Mackenzie Brooks | Open Coding of Focus Group Data | Fall 2017 | Credit | Fall 2017 |
| Betsy Hughes | Coding of Focus Group Data | Winter 2018 | Pay | Winter 2018 |
| Taylor Medford | Coding of Focus Group Data | Winter 2018 | Pay | Winter 2018 |
| Brenna Colby | Coding of Natural Disaster Articles | Winter 2018 | Credit | Fall 2018 |
| Rachel Bartholomew | Coding of Natural Disaster Articles | Winter 2018 | Credit | Winter 2018 |
| Takoma Lindsay | Coding of Natural Disaster Articles | Winter 2018 | Pay/Aca | Winter 2019 |
| Celeste Esplin | Coding of Natural Disaster Articles | Winter 2018 | Pay | Winter 2018 |
| Mackenzie Brooks | Coding of Natural Disaster Articles | Winter 2018 | Pay | Winter 2018 |
| Maria Bailey | Coding of Natural Disaster Articles | Winter 2018 | Pay | Winter 2018 |

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| **Other Professional Service** |

2018 Reviewer for abstract submissions for the Society for Prevention Research

2016 Member of the review panel for the 2016 NCFR Innovation Grants

2015 Reviewer for the Institute of Violence, Abuse, and Trauma

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| **Professional Outreach** |

***Banford Witting, A.*** (2020, November 8th and 15th). *Mental Health: COVID considerations.* Community presentation to young adult congregants of a BYU Ward, Church of Jesus Christ of Latter-day Saints Orem, UT.

***Banford Witting, A.*** (2018, July 29). *You are loved.* Community presentation to youth congregants of the Northridge 13th Ward, Church of Jesus Christ of Latter-day Saints. Orem, UT.

***Banford Witting, A.*** (2018, May 4). *Be where you are and do what you’re doing.* Community presentation to adult congregants of the Northridge 13th Ward, Church of Jesus Christ of Latter-day Saints. Orem, UT.

***Banford, A.*** (2015, April 24). *Dating, Emotions, and How to Succeed.* Community presentation to adult congregants of the La Jolla YSA Ward, Church of Jesus Christ of Latter-day Saints. San Diego, CA.

***Banford, A.*** (2013, February 15). *How to Keep Fun in Your Relationship and Be Your Best Self: 5 Tips to Remember.* Community presentation to adult congregants of the Ellington Ward, Church of Jesus Christ of Latter-day Saints. Ellington, CT.

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| **Courses Taught at BYU**  **(Enrollment and composite rating or uncertainty band on a 5-point scale are in Parentheses)** |

Spring 2020 MFT 655- MFT Practicum (5, 5.0-5.0)

Winter 2020 SFL 354- Cross-Cultural Family Development (25, 4.7-5.0)

MFT 650- MFT Theories (11, 4.7-5.0)

Fall 2019 *FAMILY LEAVE*

Winter 2019 SFL 354- Cross-Cultural Family Development (25, 4.8)

MFT 650- MFT Theories (11, 4.9)

Fall 2018 SFL 354- Cross-Cultural Family Development (18, 4.5)

MFT 605- Advanced Statistics (12, 4.6)

Winter 2018 SFL 354- Cross-Cultural Family Development (27, 4.4)

Fall 2017 MFT 655- MFT Practicum (4, 5.0)

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| **Courses Taught at Alliant International University** |

Fall 2016 Psych 7302- Research Methods

Psych 6021- Advanced Statistics I

Summer 2016 Psych 7360- MFT Practicum

Spring 2016 Psych 9324- Advanced MFT Research: Quantitative

Fall 2015 Psych 7360- MFT Practicum

Summer 2015 Psych 7360- MFT Practicum

Spring 2015 Psych 6022- Advanced Statistics II

Fall 2014 Psych 9324- Advanced MFT Research: Quantitative

Fall 2014 Psych 6021- Advanced Statistics I

Summer 2014 Psych 9360- MFT Advanced Practicum

Summer 2014 Psych 7360- MFT Practicum

Spring 2014-2017 Psych 6312- MFT Theories and Techniques II

Fall 2013 Psych 6312- MFT Theories and Techniques I

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| **Courses Taught at University of Connecticut** |

Spring 2013 HDFS 5320- EST (Empirically Supported Treatments) With Children and

Adolescents

HDFS 5759- Case Seminar in MFT (Self of the Therapist)

HDFS 5762- Practicum in Marriage and Family Therapy

Fall 2012 HDFS 5762- Practicum in Marriage and Family Therapy

HDFS 5761- Introduction to Clinical Practice

HDFS 3340- Introduction to Counseling

Spring 2012 HDFS 5759- Case Seminar in MFT (Self of the Therapist)

HDFS 5762- Practicum in Marriage and Family Therapy

Fall 2011 HDFS 5754- Marriage Therapy