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PERSONAL INFORMATION:

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ACADEMIC DEGREES AND SCHOLASTIC EMPHASIS:

Ph.D. Health Education – Southern Illinois University, 1982
Emphasis: Program planning and evaluation, research methodology and statistics, epidemiology, and community health.

M.H.E. Community Health Education – Brigham Young University, 1980

B.S. Community Health Education – Brigham Young University, 1979

A.S. General Studies – Ricks College, 1977

AREAS OF SPECIALIZATION:

Adolescent Health, Psychosocial Risk Factors in Health Behavior, School Health, International Health, Drug Abuse, Media Literacy

PROFESSIONAL EXPERIENCE:**Teaching and Research**

- 1/03 - present Professor of Health Science, Brigham Young University. Date of Continuing Status – May 2008.
- 6/96-12/02 Professor and Coordinator of Health Education, University of Idaho. Date of Tenure – July 1, 1992.
- 9/91 – 5/96 Associate Professor of Health Education, University of Idaho
- 9/90 – 6/91 Visiting Associate Professor of Community Health Education, The Ohio State University
- 8/87 – 8/90 Assistant Professor of Health Education, University of Idaho
- 9/85 – 8/87 Assistant Professor of Community Health Education, University of Northern Colorado
- 8/84 – 8/85 Assistant Professor of Community Health Education, State University of New York-Cortland

Community Health

- 9/82 – 8/84 Community Health Education Specialist, Bear River District Health Department, Logan, Utah. Planned, implemented, administered, and evaluated district-wide health education/promotion programs; served as a resource in disseminating health information; provided educational consultation to the community and health department; conducted media and public relations activities; and developed educational materials and curricula. Developed and implemented specific programs in fitness and health risk appraisal, smoking and drug education, car seat and safety belt promotion, control of indoor clean air problems, and maternal and child health.

RESEARCH AND SCHOLARLY ACTIVITY:**Refereed Publications – Journals**

- Berki, T., Piko, B. F., & Page, R. M. (2020). Sport commitment profiles of adolescent athletes: Relation between health and psychological behavior, 20(3), 1392 – 1401. doi: 10.7752/jpes.2020.03192
- Berki, T., Piko, B. F., & Page, R. M. (2019). The Relationship Between the Models of Sport Commitment and Self-Determination among Adolescent Athletes. *Acta Facultatis Educationis Physicae Universitatis Comenianae*, 59(2), 79-95. doi:10.2478/afepuc-2019-0007
- Page, R.M, Stones, E., Taylor, O., & Braudt, K. (2016). Awareness and Perceptions of Type 2 Diabetes Risk Factors, Preventability, and Complications Among College Students in Visakhapatnam, India. *International Quarterly of Community Health Education: A Journal of Policy and Applied Research*, 37(1), 27-32.
- Steadman, M., Crookston, B.T., Page, R.M., & Hall, P.C. (2014). Parental Attitudes Regarding School-Based Sexuality Education in Utah. *American Journal of Sexuality Education*, 9, 347-369.
- Page, R.M., & Romero, Y.H. (2013). Analysis of smoking in South Korean middle school students: shifting preferences in brand choice and rising popularity of Marlboro cigarettes. *International Quarterly of Community Health Education*, 33(3), 289-303.
- Page, R.M., Saumweber, J., Hall, P.C., Crookston, B.T., West, J.H. (2013). Multi-country, cross-national comparison of youth suicide ideation: Findings from Global School-based Health Surveys. *School Psychology International*, 34(5), 540-555.
- Foulger, L., Page, R.M., Hall, P.C., Crookston, B.T., & West, J.H. (2013). Health risk behaviors in urban and rural Guatemalan adolescents. *International Journal of Adolescent Health and Medicine*, 25(1), 97-105.
- Page, R.M. The Philippines is Marlboro Country for youth smoking: Results from the Global Youth Tobacco Survey (GYTS). (2012). *Journal of Drug Education*, 42(2), 159-176..
- Page, R.M. (2012). Marlboro and other usual brand choices by youth smokers in Middle Eastern countries. *Journal of Youth Studies*, 11(4), 425-443.
- Page, R.M., Suwanteerangkul, J., Ricks, R., & Kemeny, M. (2011-2012). Meanings of smoking among adolescents in Chiang Mai, Thailand. *International Quarterly of Community Health Education*, 32(1), 23-39.
- Page, R.M., Suwanteerangkul, J., Sloan, A., Kironde, J., & West, J.W. (2012). Thai adolescents normative beliefs of the popularity of smoking among peers, adults, the successful and elite, and parents. *Social Development*, 21(4), 849-867.

- West, J.W., Hall, C.P., Page, R.M., Trinidad, D.R., & Lindsay, G.B. (2012). Tobacco brand preference among Mexican adolescents. *International Journal of Adolescent Medicine and Health*, 24(2), 196-200.
- Page, R.M., Park, S., Suwanteerangkul, J., Park, H., Kemeny, M., & Phillips, L. (2012). Cross-cultural analysis of cognitive attributions of smoking in Thai and South Korean adolescents. *Journal of School Health*, 82(2), 57-64.
- Page, R.M., Huong, N.T., Chi, H.K., & Tien, T.Q. (2012). Social normative beliefs about smoking among Vietnamese adolescents. *Asia Pacific Journal of Public Health*, 24(1), 68-81.
- Page, R.M., West, J., Hall, C.P. (2011). Psychosocial distress and suicide ideation in Chinese and Philippine adolescents. *Asia Pacific Journal of Public Health*, 23(5), 774-91.
- Page, R.M., Piko, B.F., Balazs, M., Struk, T. (2011). Social normative beliefs regarding cigarette smoking in Hungarian adolescents. *Pediatrics International*, 53(5), 662-668.
- Page, R.M., Dennis, M., Lindsay, G. B., & Merrill, R.M. (2011). Psychosocial distress and substance use among adolescents in four countries: Philippines, China, Chile, and Namibia. *Youth & Society*, 43(3), 900-930.
- Page, R.M., Piko, B.M., Balazs, M.A., & Struk, T. (2011). Media literacy and cigarette smoking in Hungarian adolescents. *Health Education Journal*, 70(4), 446-457.
- Page, R.M., & West, J.H. (2011). Suicide ideation and psychosocial distress in Sub-Saharan African youth. *American Journal of Health Behavior*, 35(2), 129-41.
- Page, R.M., & Danielson, M. (2011). Multi-country, cross-national comparison of youth tobacco use: Findings from Global School-based Health Surveys. *Addictive Behaviors*, 36, 470-478.
- Page, R.M., Huong, N.T., Chi, H.K., & Tien, T.Q. (2011). Smoking media literacy in Vietnamese adolescents. *Journal of School Health*, 81(1), 34-41.
- Pluhar, Z.F, Piko, B.F., Uzzoli, A., Page, R.M., Dull, A. (2010). Representations of the relationship between physical activity, health and perceived living environment in Hungarian urban children's images. *Landscape and Urban Planning*, 95, 151-160.
- Page, R.M. (2009). Using the Global-School-Based Student Health Survey to Identify Correlates of Smoking in Chilean Youth. *International Electronic Journal of Health Education*, 12, 253-270.

- Page, R.M., & Hall, C.P. (2009). Psychosocial distress and alcohol use as factors in sexual behavior among sub-Saharan African adolescents. *Journal of School Health*, 79(8), 369-379.
- Page R.M., Simonek, J., Ihasz, F., Hantiu, I., Uvacsek, M., Kalabiska, I., Klarova, I. (2009). Self-rated health, psychosocial functioning, and other dimensions of adolescent health in Central and Eastern European adolescents. *European Journal of Psychiatry*, 23(2), 101-114.
- Page, R.M., & Brewster, A. (2009). Depiction of food as having drug-like properties in televised food advertisements directed at children: Portrayals as pleasure-enhancing and addictive. *Journal of Pediatric Health Care*, 23(3), 150-157.
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- Page, R.M., & Suwanteerangkul, J. (2009). Self-rated health, psychosocial functioning, and health-related behavior among Thai adolescents. *Pediatrics International*, 51, 120-125.
DOI: 10.1111/j.1442-200X.2008.02660.x
- Page, R.M., Thackeray, R., Neiger, B., & Black, M. (2009). Analysis of food and beverage brand websites targeting children: Internet marketing strategies, content and features. *Journal of Health and Mass Communication* 1(1/2), 89-107.
- Page, R.M., Zarco, E.P., Ihasz, F., Suwanteerangkul, J., Uvacsek, M., Mei-Lee, C., Miao, N.F., Simonek, J., Klarova, R., Hantiu, I., & Kalabiska, I. (2008). Cigarette smoking and indicators of psychosocial distress in Southeast Asian and Central-Eastern European adolescents. *Journal of Drug Education*, 38(4), 307-328.
- Page, R.M., Montgomery, K., Ponder, K., & Richard, A. (2008). Targeting children in the cereal aisle: Promotional techniques and content features on ready-to-eat cereal product packaging. *American Journal of Health Education*, 39(5), 272-282.
- Page, R.M., Ihasz, F., Hantiu, I, Simonek, J., & Klarova, R. (2008). Social normative perceptions of alcohol use and episodic heavy drinking among Central and Eastern European adolescents. *Substance Use & Misuse*, 43, 361-373.
- Keresztes, N., Piko, B.F., Pluhar, Z.F., & Page, R.M. (2008). Social influences in sports activity among adolescents. *The Journal of the Royal Society for the Promotion of Health*, 128(1), 21-25.
- Page R.M., Ihasz, F., Uvacsek, M., Kalabiska, I., Johnson, E., Hantiu, I., Klarova, I., & Simonek, J. (2006-2007). Self-perception of body weight, weight management practices and goals, and other weight-related factors in Central and Eastern European adolescents. *International Quarterly of Community Health Education*, 27(1), 39-58.

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- Page, R.M., & Suwanteerangkul, J. (2007). Dieting among Thai adolescents: Having friends who diet and pressure to diet. *Eating and Weight Disorders*, 12, 1-10.
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- Page, R.M., Yanagishita, J., Suwanteerangkul, J., Zarco, E.P., Mei-Lee, C., & Miao, N.F. (2006). Hopelessness and loneliness among suicide attempters in school-based samples of Taiwanese, Philippine, and Thai adolescents. *School Psychology International*, 27(5), 583-598.
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- Page, R.M., & O'Hegarty, M. (2006). Type of student residence as a factor in college students' alcohol consumption and social normative perceptions regarding alcohol use. *Journal of Child and Adolescent Substance Abuse*, 15(3), 15-31.
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- Hill, S.C., Thomsen, S.R, Page, R.M., & Parrott, N. (2005). Alcohol advertisements in youth-oriented magazines: Persuasive themes and responsibility messages. *American Journal*

- of Health Education*, 36(5), 258-265.
- Page, R.M. Physical activity among U.S. youth linked to having and making friends: Results from the Health Behavior in School-Age Children (HBSC) Study. (2005). *International Journal of Fitness*, 1(1), 1-7.
- Page, R.M., Taylor, J., Suwanteerangkul, J., & Novilla, L. (2005). The influence of friendships and friendship-making ability in physical activity participation in Chiang Mai, Thailand High School Students. *International Electronic Journal of Health Education*, 8, 95-103.
- Page, R.M., Taylor, J., Suwanteerangkul, J., & Novilla, L. (2005). Self-perception of body weight among secondary students in Chiang Mai, Thailand. *International Quarterly of Community Health Education*, 23(3), 263-277.
- Page, R.M., Lee, C.M., & Miao, N. F. (2005). Self-perception of body weight among high school students in Taipei, Taiwan. *International Journal of Adolescent Medicine and Health*, 17(2), 121-134.
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- Page, R.M., Lee, C.M., & Miao, N.F. (2004). Assessing the prevalence of overweight and obesity through self-reports of height and weight among high school students in Taipei, Taiwan : Implications for school health education research. *Journal of School Health*, 74(10), 401-407.
- Page, R.M., Ihasz, F., Klarova, R. (2004). Exploring the relationship between measures of social interaction and physical activity participation among Eastern European adolescents. *Journal of the Coimbra Network on Exercise Sciences*, 1(1), 43-46.
- Page, R.M., & Roland, M. (2004). Misperceptions of the prevalence of marijuana use among college students: Athletes and non-athletes. *Journal of Child and Adolescent Substance Abuse*, 14(1), 61-75.
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- index among Philippine high school students: Signaling of an emerging epidemic of obesity? *International Quarterly of Community Health Education*, 20(2), 145-156.
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- Hammermeister, J., & Page, R.M. (2000). Psychosocial, behavioral, and biometric characteristics of stages of exercise adoption. *Psychological Reports*, 87, 205-217.
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- Page, R.M. (1998). College students' distorted perception of the prevalence of smoking. *Psychological Reports*, 82, 474.
- Page, R.M. (1997). Helping adolescents to avoid date rape: The role of secondary education. *The High School Journal*, 80(2), 75-80.
- Page, R.M., Hammermeister, J., Scanlan, A., & Allen, O. (1996). Psychosocial and health-related characteristics of adolescents who watch television frequently. *Child Study Journal*, 26(4), 319-332.
- Page, R.M. (1996). Youth suicidal behavior: Completions, attempts, and ideations. *The High School Journal*, 80(1), 60-65.

- Page, R.M., Follett, T.K., Scanlan, A., Hammermeister, J., & Friesen, R. (1996). Perceived barrier, risk perception, and social norm attitudes about wearing helmets among college students. *American Journal of Health Behavior*, 20(1), 33-40.
- Page, R.M., & Hammermeister, J. (1995). The relationship between high school size and dimensions of well-being in college students. *Education*, 116(3), 437-439.
- Page, R.M., Scanlan, A., & Allen, O. (1995). Adolescent perceptions of body weight and attractiveness: Important issues in alcohol and illicit drug use? *Journal of Child & Adolescent Substance Abuse*, 4(4), 43-55.
- Page, R.M., & Allen, O. (1995). Adolescent perceptions of body weight and weight satisfaction. *Perceptual and Motor Skills*, 81, 81-82.
- Page, R.M., & Hammermeister, J. (1995). Shyness and loneliness: Relationship to the exercise frequency of college students. *Psychological Reports*, 76, 395-398.
- Page, R.M., Marten, D., & Follett, T. (1995). The need to address violence prevention in health education teacher training programs. *Education*, 115(3), 403-404 & 350.
- Page, R.M., & Louis, G. (1995). Growing insight into the perceptions and attitudes of Idaho adolescents about violence. *Perspectives*, 13(1), 49-54.
- Page, R.M., & Tucker, L.A. (1994). Exercise frequency and psychosocial functioning: An epidemiological study of 1,297 adolescents. *Adolescence*, 29(113), 183-191.
- Page, R.M., Scanlan, A., & Deringer, N. (1994). Childhood loneliness and isolation: Implications for childhood educators. *Child Study Journal*, 24(2), 107-118.
- Page, R.M., Page, T.S., & Garlock, S.A. (1994). Adolescent loneliness linked to low physical fitness and physical inactivity. *Wellness Perspectives: Research, Theory, and Practice*, 10(3), 56-61.
- Allen, O., & Page, R.M. (1994). Variance in substance use between rural black and white Mississippi high school students. *Adolescence*, 29(114), 401-404.
- Allen, O., & Page, R.M. (1994). Gender differences in selected psychosocial characteristics of adolescent smokers and nonsmokers. *Health Values: The Journal of Health Behavior, Education, & Promotion*, 18(2), 34-39.
- Page, R.M., Allen, O., Moore, L., & Hewitt, C. (1993). Weight-related concerns and practices of male and female adolescent smokers and nonsmokers. *Journal of Health Education*, 24(6), 339-346.

- Page, R.M., Allen, O., Moore, L., & Hewitt, C. (1993). Co-occurrence of substance use and loneliness as a risk factor for adolescent hopelessness. *Journal of School Health*, 63(2),104-108.
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- Page, R.M. (1992). Perceived attractiveness and adolescent hopelessness. *The High School Journal*, 75(3), 150-155.
- Page, R.M., Frey, J., Talbert, R., & Falk, C. (1992). Children's feelings of loneliness and social dissatisfaction: Relationship to physical activity and physical fitness. *Journal of Teaching in Physical Education*, 11(3), 211-219.
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- Page, R.M. (1991). Assisting children avoid loneliness and isolation: Perceptions of importance and effectiveness among elementary school teachers. *Journal of Instructional Psychology*, 18(1), 69-72.
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- Page, R.M. (1990). Adolescent shyness and wellness impairment. *Wellness Perspectives: Research, Theory, and Practice*, 7(1), 3-12.
- Page, R.M. (1990). Shyness and sociability: A dangerous combination for illicit substance use in adolescent males. *Adolescence*, 25(100), 803-806.
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- Page, R.M. (1990). Weight control practices and attitudes among adolescent females in Idaho. *Northwest Journal of the American Alliance for Health, Physical Education, Recreation and Dance*, 1(3), 12-14.
- Page, R.M., & Beals, M. (1990). Lyme Disease: Now playing in your area. *Health Education*, 21(4), 4-6.
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- Page, R.M., & Gold, R.S. (1983). Assessing gender differences in college cigarette smoking intenders and nonintenders. *Journal of School Health*, November, 1983.

Refereed Proceedings, Abstracts, and State Publications

- Page, R.M., Yanagishita, J., Suwanteerangkul, J., Zarco, P., Lee, C.M., & Miao, N.F. (2006). Hopelessness and loneliness among suicide attempters in three samples of southeast Asian adolescents. *International Journal of Behavioral Medicine*, 13 (Supplement), 232. (Abstract).
- Page, R.M., Yanagishita, J., Suwanteerangkul, J., & Taylor, J. (2006). Dieting to lose weight among Chiang Mai, Thailand adolescents : The influence of having friends who diet. *International Journal of Behavioral Medicine*, 13 (Supplement), 232. (Abstract).
- Page, R.M., Scanlan, A., & Gilbert, L. (1998). Estimations of the prevalence of binge drinking among college students: Distortion or reality? *Research Quarterly for Exercise and Sport*, March Supplement, A45. (Abstract).

- Page, R.M., & Gilbert, L. (1998). Taking the bite out of a significant public health problem: Formative research for designing school and community health education dog bite prevention curricula and messages. *Research Quarterly for Exercise and Sport*, March Supplement, A45. (Abstract).
- Page, R.M., Scanlan, A., & Hammermeister, J.. (1996). Psychosocial and health-related characteristics of adolescents who watch television frequently. *Research Quarterly for Exercise and Sport*, March Supplement, A53-A54. (Abstract)
- Page, R.M., Hammermeister, J., Gilbert, L., & Scanlan, A. (1996). School sports participation and health risky behaviors in adolescents. *Research Quarterly for Exercise and Sport*, March Supplement, A54. (Abstract)
- Page, R.M., Friesen, R., Scanlan, A., Hammermeister, J., & Follett, T. (1995). Bicycle helmets: University students' attitudes and perceptions. *Research Quarterly for Exercise and Sport*, March Supplement, A41. (Abstract)
- Page, R.M., & Allen, O. (1995). Weight-related concerns and practices of adolescent smokers and nonsmokers. *Research Quarterly for Exercise and Sport*, March Supplement, A50-A51. (Abstract).
- Page, R.M., & Marten, D.J. (1993). Addressing the need for violence prevention in health education. *Proceedings of the Northwest and Southwest Districts of AAHPERD Combined Conventions*, February 4-6, 89-92.
- Page, R.M., & Allen, O. (1993). Differences in indicators of psychosocial well-being in Black and White adolescents. *Research Quarterly for Exercise and Sport*, March Supplement, A-63.
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- Page, R.M. (1992). Lonely children: A special concern for exercise science professionals. *Research Quarterly for Exercise and Sport*, March Supplement, A-8 1. (Abstract)
- Allen, A., Moore, L., Page, R.M., & Hewitt, C. (1992). Gender differences in psychosocial characteristics of adolescent smokers and nonsmokers. *Research Quarterly for Exercise and Sport*, March Supplement, A-3 1. (Abstract)
- Page, R.M. (1987). Safety belts: An emerging issue for health educators. *Colorado Journal of Health, Physical Education, Recreation and Dance*, 14(1), 4.

Page, R.M. (1987). School health education: Facing the challenges. *Colorado Journal of Health, Physical Education, Recreation and Dance*, 13(2), 6-7.

Page, R.M., & Ferreira, P. (1983). An assessment of health promotion and risk reduction education in elementary schools in northern Utah. *Proceedings of the Nineteenth Annual Meeting of the Society of Prospective Medicine*, October, 138-140.

Books

Meeks, L., Heit, P., Page, R.M., Ward, P. (2020). *Comprehensive School Health: Totally Awesome Strategies for Teaching Health (9th edition)*. McGraw-Hill, St. Louis, MO.

Page, R.M., & Page, T.S. (2015). *Promoting Health and Emotional Well-Being in Your Classroom, 6th Edition*. Sudbury, MA: Jones and Bartlett.

Meeks, L., Heit, P., Page, R.M. (2013). *Comprehensive School Health: Totally Awesome Strategies for Teaching Health (8th edition)*. McGraw-Hill, St. Louis, MO.

Meeks, L., Heit, P., Page, R.M. (2011). *Comprehensive School Health: Totally Awesome Strategies for Teaching Health (7th edition)*. McGraw-Hill, St. Louis, MO.

Page, R.M., & Page, T.S. (2011). *Promoting Health and Emotional Well-Being in Your Classroom, 5th Edition*. Sudbury, MA: Jones and Bartlett.

Meeks, L., Heit, P., Page, R.M. . (2009). *Comprehensive School Health: Totally Awesome Strategies for Teaching Health (6th edition)*. McGraw-Hill, St. Louis, MO.

Page, R.M., & Page, T.S. (2007). *Promoting Health and Emotional Well-Being in Your Classroom, 4th Edition*. Sudbury, MA: Jones and Bartlett.

Meeks, L., Heit, P., Page, R.M. (2007). *Comprehensive School Health: Totally Awesome Strategies for Teaching Health (5th edition)*. McGraw-Hill, St. Louis, MO.

Meeks, L., Heit, P., & Page, R.M. (2005). *Health and Wellness*. Columbus, OH: Glencoe/McGraw-Hill.

Meeks, L., Heit, P., Page, R.M. (2004). *Comprehensive School Health: Totally Awesome Strategies for Teaching Health (4th edition)*. McGraw-Hill, St. Louis, MO.

Page, R.M., & Page, T.S. (2003). *Fostering Emotional Well-Being in the Classroom, 3rd Edition*. Sudbury, MA: Jones and Bartlett.

Meeks, L., Heit, P., Page, R.M. (2003). *Comprehensive School Health: Totally Awesome Strategies for Teaching Health (3rd edition)*. McGraw-Hill, St. Louis, MO.

- Meeks, L., Heit, P., & Page, R.M. (2003). *Health and Wellness*. Columbus, OH: Glencoe/McGraw-Hill. (High school text.)
- Page, R.M., & Page, T.S. (2000). *Fostering Emotional Well-Being in the Classroom, 2nd Edition*. Sudbury, MA: Jones and Bartlett.
- Meeks, L., Heit, P., & Page, R.M. (1998). *Health and Wellness*. Blacklick, OH: Meeks Heit. (High school text.)
- Meeks, L., Heit, P., Page, R.M. (1996). *Comprehensive School Health: Totally Awesome Strategies for Teaching Health (2nd edition)*. Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Instructor's Manual - Comprehensive School Health: Totally Awesome Strategies for Teaching Health (2nd edition)*. Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Totally Awesome Health, Grade 6*, Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Totally Awesome Health, Grade 5*, Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Totally Awesome Health, Grade 4*, Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Totally Awesome Health, Grade 3*, Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Totally Awesome Health, Grade 2*, Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Totally Awesome Health, Grade 1*, Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Totally Awesome Health, Grade Kindergarten*, Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Violence Prevention: Super Cool and Violence-Free*, Blacklick, OH: Meeks Heit.
- Meeks, L., Heit, P., Page, R.M. (1996). *Violence Prevention: Awesome Me and Violence-Free*, Blacklick, OH: Meeks Heit.

Meeks, L., Heit, P., Page, R.M. (1996). *Violence Prevention: Special Me and Violence-Free*, Blacklick, OH: Meeks Heit.

Meeks, L., Heit, P., Page, R.M. (1995). *Violence Prevention: Totally Awesome Teaching Strategies for Safe and Drug-Free Schools*. Blacklick, OH: Meeks Heit.

Meeks, L., Heit, P., Page, R.M. (1995). *Violence Prevention: How to Be Hip, Cool, and Violence-Free*. Blacklick, OH: Meeks Heit.

Page, R.M., Cole, G.E., & Timmerick, T. (1995). *Basic Epidemiological Methods and Biostatistics*, Boston, MA: Jones and Bartlett.

Meeks, L., Heit, P., & Page, R.M. (1994). *Drugs, Alcohol, and Tobacco: Totally Awesome Teaching Strategies*. Blacklick, OH: Meeks Heit.

Page, R.M., & Page, T.S. (1993). *Fostering emotional well-being in the classroom*. Boston, MA: Jones and Bartlett.

Book Chapters

Page, R.M. (2014). Substance Abuse and Adolescent Psychological Distress. In William C. Cockerham, Co-editors: Robert Dingwall and Stella R. Quah, *The Wiley Blackwell Encyclopedia of Health, Illness, Behavior, and Society* (Pgs 2394–2397), Hoboken, New Jersey: Wiley. DOI 10.1002/9781118410868

Page, R.M. (2000). Tuning into psychosocial factors in adolescent health risk behavior: Implications for health promotion practice. In R. Edmondson & C. Kelleher, *Health Promotion: New Discipline or Multi-Discipline?* (Pgs 219-23 1), Dublin, Ireland: Irish Academic Press.

Papers Presented at National and International Meetings

A global and multi-country perspective of youth smoking: Results from the Global School-based Health Survey. Presented at Society for Research on Adolescents Biennial Meeting. Austin, Texas, March 2014.

Thai Adolescent Pressure to be Thin and Attractive: Teasing, Encouragement, Exclusion, Norms, and Modeling from Peers and Parents. Presented at Society for Research on Adolescents Biennial Meeting. Austin, Texas, March 2014.

Multi-country analysis of youth smokers. Presented at Society for Cross-Cultural Research Annual Meeting. Charleston, South Carolina, February 2014.

Social pressures of Thai adolescents to be thin and attractive. Presented at Society for Cross-Cultural Research Annual Meeting. Charleston, South Carolina, February 2014.

Appearance-related social pressure in Thai adolescents. Presented at International Union of Health Promotion and Education World Conference on Health Promotion. Pattaya, Thailand, August 2013.

Cross-cultural analysis of Thai youth smoking, smoking susceptibility, and social norm perceptions. Presented at World Congress on Children and Youth Health Behaviors/National Congress on Health Education. Viseu, Portugal, May 2013.

Body weight concern and pressure to maintain thin body shape among Thai adolescent females. Presented at World Congress on Children and Youth Health Behaviors/National Congress on Health Education. Viseu, Portugal, May 2013.

Perceived social benefits of smoking among adolescent girls in Thailand, Argentina, United Arab Emirates, and Czech Republic. Presented at International Council on Women's Health Issues Conference. Bangkok, Thailand, November 2012.

Body image and weight concerns in Thai adolescent females: Cross-cultural and gender differences. Presented at International Council on Women's Health Issues Conference. November 2012, Bangkok, Thailand.

Prevalence of Marlboro Smokers among Youth in Middle East Countries. Presented at Health Issues in Arab Communities Conference. October 2012, Dearborn, Michigan,

Global spread of Marlboro smoking among youth smokers. Presented at the International Conference on Global Health and Public Health Education. October 2011, Hong Kong, China.

Cross-cultural analysis of the meanings of smoking in Thai and Korean adolescents. Presented at the Society for Cross-Cultural Research. February 2011, Charleston, SC.

The importance of media literacy in adolescent smoking and drinking. Presented at European Public Health Association Annual Convention. November 2010, Amsterdam, Netherlands (with Bettina Piko and Mate Balazs).

Does place count? Differences in smoking occurrence among high school students according to their living environment. Presented at European Public Health Association Annual Convention, November 2010, Amsterdam, Netherlands (with Bettina Piko and Mate Balazs).

Social normative beliefs regarding smoking among Thai adolescents. Presented at Society of Research on Nicotine and Tobacco, September 2010, Bath, England.

- Meanings of Smoking and Smoking Media Literacy in Smoking Initiation of Thai Adolescents. Presented at Society of Research on Nicotine and Tobacco, September 2010, Bath, England.
- Psychosocial Distress and Suicidal Risk Behavior among Chinese and Philippine Adolescents. Presented at the Asia Pacific Academic Consortium for Public Health Conference, December 2009, Taipei, Taiwan.
- Social Normative Beliefs Regarding Smoking among Vietnamese Adolescents. Presented at the Asia Pacific Academic Consortium for Public Health Conference, December 2009, Taipei, Taiwan.
- Social Normative Perceptions Regarding Cigarette Smoking by Friends and Schoolmates: Investigation among a Sample of Polish and Ukrainian High School Students. Presented at the European Conference on Tobacco or Health, October 2007, Basel, Switzerland.
- Self-Perception of Body Weight among Adolescents in Six European Countries. Presented at the 10th European Nutrition Conference, July 2007, Paris, France.
- Targeting children in the cereal aisle: Promotional techniques and content features on ready-to-eat cereal product packaging. Presented at the International Society of Behavioral Nutrition and Physical Activity Annual Meeting, June 2007, Oslo, Norway.
- Food advertisements during children's Saturday morning television programming on U.S. broadcast networks: 2004-2005 to 2006-2007. Presented at the International Society of Behavioral Nutrition and Physical Activity Annual Meeting, June 2007, Oslo, Norway.
- Friendships and physical activity: Investigating the connection in Central-Eastern European adolescents. Presented at the International Society of Behavioral Nutrition and Physical Activity Annual Meeting, June 2007, Oslo, Norway.
- Dieting to Lose Weight Among Chiang Mai, Thailand Adolescents: The Influence of Having Friends Who Diet. Presented at the International Congress of Behavioral Medicine, December 2006, Bangkok, Thailand.
- Hopelessness and Loneliness Among Suicide Attempters in Three Samples of Southeast Asian Adolescents. Presented at the International Congress of Behavioral Medicine, December 2006, Bangkok, Thailand.
- Tobacco Use, Alcohol Use, and Associated Normative Perceptions among Central-Eastern European Secondary Students. Presented at the American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 2006, Salt Lake City, Utah.

The Role of Friendships in Physical Activity Among Hungarian, Slovakian, and Czech Republic Adolescents. Presented at the Hungarian Society of Sport Science International Conference, October 2005, Budapest, Hungary.

The Influence of Friendships and Friendship-Making Ability in Adolescent Physical Activity: A Study of Thai Youth. Presented at the Childhoods 2005: Children and Youth in Emerging and Transforming Societies International Conference, June 2005, Oslo, Norway.

Culture and Shyness in Taiwanese Adolescents: Is it a Positive Social Trait? Presented at the Childhoods 2005: Children and Youth in Emerging and Transforming Societies International Conference, June 2005, Oslo, Norway.

Considering the Influence of Friendships in Physical Activity Participation among Thai Adolescents. Presented at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, June 2005, Amsterdam, Netherlands

Exploring the Relationship between Measures of Social Interaction and Physical Activity Participation among Eastern European Adolescents: Preliminary Results from an International Collaboration Project, International Education Conference, Janus Pannonius University, October 2004. Gyor, Hungary.

Psychosocial Discomfort and Health Risk Behaviour in Hungarian and Czech Republic Secondary Students. Budapest Satellite Meeting of the International Congress of Behavioral Medicine, August 2004, Budapest, Hungary.

Low Rates of Substance Use among Asian Adolescents: Reflection of Actual Use or Hesitancy to Disclose? Presented at the American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, March 2004, New Orleans, Louisiana.

Hopelessness as a risk factor for cigarette smoking among the Taiwanese adolescents. 18th World Conference on Health Promotion & Health Education, 2004, Melbourne, Australia.

Loneliness, Hopelessness, and Suicidal Ideation Among Philippine High School Students. Presented at the American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 2003, Philadelphia, Pennsylvania.

The Transition from Elementary to Junior High School: Shifting Behavioral and Attitudinal Norms Regarding Bicycle Helmet Use. Presented at the American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 2002, San Diego, California.

College student residence as a dominant factor in alcohol use and social normative estimations regarding drinking and partying. Presented at the American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 2002, San Diego, California.

Physical activity and television viewing habits of Philippine adolescents: Signaling of an emerging epidemic of obesity?" Presented at the American Public Health Association Annual Meeting (International Health Poster Session), October 2001, Atlanta, Georgia.

Social normative behaviors of students regarding episodic heavy drinking: Comparisons according to living arrangements. Presented at the American Public Health Association Annual Meeting, October 2001, Atlanta, Georgia.

A Health Risk Behavior Profile of Philippine High School Students . International Conference on Teacher Education, July 2001, University of the Philippines, Quezon City, Philippines.

A health risk behavior profile of Philippine high school students. American School Health Association, October 2000, New Orleans, Louisiana.

A tale of three high schools: How accurate are students in estimating substance use among peers? American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, March 2000, Orlando, Florida.

"Everybody's not doing it:" Misperceptions of the Prevalence of Recent Sexual Activity Among College Students. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, March 2000, Orlando, Florida.

Loneliness linked to solitary and sedentary leisure activities and dissatisfaction in youth residing on overseas military installations. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, March 2000, Orlando, Florida.

Taking the (Dog) Bite Out of Children's Injuries. American Public Health Association Annual Meeting, November 1998, Washington, D.C.

Taking the bite out of a significant public health problem: Formative research for designing school and community health education dog bite prevention curricula and messages. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 1998, Reno, Nevada.

Estimations of the prevalence of binge drinking among college students: Distortion or reality? American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 1998, Reno, Nevada.

Adolescent sunbathing, sunburn, and sunscreen use: Related beliefs, attitudes, and perceptions of risk. Eleventh National Conference on Chronic Disease Prevention and Control, December 1996, Phoenix, AZ.

Is school sports participation a protective factor against tobacco use in adolescents? Eleventh National Conference on Chronic Disease Prevention and Control, December 1996, Phoenix, AZ.

School sports participation and health risky behavior in adolescents. American Public Health Association Annual Meeting, November 1996, New York, NY.

Psychosocial and health-related characteristics of adolescents who watch television frequently. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 1996, Atlanta, GA.

Adolescent sunbathing, sunburn, and sunscreen use: Related beliefs, attitudes, and perceptions of risk. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 1996, Atlanta, GA.

Indicators of psychosocial distress in underweight and overweight adolescent boys and girls. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 1996, Atlanta, GA.

School sports participation and health risky behavior in adolescents. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 1996, Atlanta, GA.

Bicycle helmets: University students' attitudes and perceptions. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Portland, OR, March 1995.

Adolescent perceptions of violence and violence prevention: A focus group study. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Portland, OR, March 1995.

Weight-related concerns and practices of adolescent smokers and nonsmokers. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 1994, Denver, CO.

Adolescent body weight and attractiveness: Relationship to alcohol and illicit drug use. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, April 1994, Denver, CO.

Sex differences in psychosocial characteristics and weight-related concerns of adolescent smokers and nonsmokers. Eighth National Conference on Chronic Disease Prevention and Control, Kansas City, MO, November 1993.

Loneliness as a factor in poor childhood physical fitness and activity. Eighth National Conference on Chronic Disease Prevention and Control, Kansas City, MO, November 1993.

Violence prevention education in senior high schools. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Washington, D.C., March 1993.

Hopelessness among lonely, illicit substance-using and alcohol-abusing adolescents. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Washington, D.C., March 1993.

Differences in indicators of psychosocial well-being in Black and White adolescents. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Washington, D.C., March 1993.

Violence prevention education: An assessment of need among secondary educators. National Rural Families Conference, Manhattan, Kansas, September 1992.

Youth at risk: A health risk survey of rural and urban Mississippi adolescents. National Rural Families Conference, Manhattan, Kansas, September 1992.

Perceptions of physical attractiveness: Relationship to substance use among rural adolescents. National Rural Families Conference, Manhattan, Kansas, September 1992.

Lonely children: Out of shape? National Rural Families Conference, Manhattan, Kansas, September 1992.

Interpersonal violence: A priority for health and safety education? American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Indianapolis, Indiana, April 1992.

Lonely children: A special concern for exercise science professionals? American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Indianapolis, Indiana, April 1992.

Gender differences in psychosocial characteristics of adolescent smokers and nonsmokers. American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, Indianapolis, Indiana, April 1992.

Adolescents at risk: Results from a health risk survey of Upward Bound participants. American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, Indianapolis, Indiana, April 1992.

Adolescent hopelessness: Loneliness as a risk Factor? Presented at the American Public Health Association Annual Convention, Atlanta, Georgia, November 1991.

Loneliness linked to poor physical fitness in elementary school children. Presented at the American Public Health Association Annual Convention, Atlanta, Georgia, November 1991.

Poor physical fitness and serum cholesterol: A study of 8,000 adults. National High Blood Pressure and Cholesterol Conference, Washington D.C., April 1991.

Perceived attractiveness and adolescent substance use. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, New Orleans, Louisiana, April, 1990.

The role of school size in adolescent loneliness. American School Health Association Annual Convention, Chicago, Illinois, October 1989.

Shyness and sociability as predictors of adolescent substance use. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Boston, Massachusetts, April 1989.

The University of Idaho adolescent health survey. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Boston, Massachusetts, April 1989.

Adolescent loneliness intervention and prevention: A challenge for health education. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Kansas City, Missouri, April 1988.

A cross-cultural comparison of attitudes about weight control between hispanic and white middle school students. American Alliance for Health, Physical Education, Recreation and Dance Annual Convention, Kansas City, Missouri, April 1988.

An assessment of employee job related stressor as a component of a worksite health promotion needs assessment. American Alliance for Health, Physical Education, Recreation and Dance, Kansas City, Missouri, April 1988.

The role of parents in influencing preadolescents' intentions to use safety belts. American Public Health Association Annual Convention, New Orleans, Louisiana, October 1987.

Consumption patterns, preferences, and beliefs concerning caffeinated and caffeine-free soft drink and coffee beverages among college students. American Public Health Association Annual Convention, Washington, D.C., November 1985.

Community awareness and compliance to the Utah Indoor Clean Air Act: Implications for Indoor Clean Air Education Programs. American Public Health Association Annual Convention, Los Angeles, California, November 1984.

Reasons for not wearing seat belts among preadolescent children: Implications for school health education. American Public Health Association Annual Convention, Los Angeles, California, November, 1984.

The effect of a community incentive program upon self-reported parental safety belt and child restraint usage. American Public Health Association Annual Convention, Los Angeles, California, November 1984.

Relationships among parental seat belt intentions and attitudinal factors concerning child car seats. American Public Health Association Annual Convention, Dallas, Texas, November 1983.

An assessment of health promotion and risk reduction education in northern Utah. The Society of Prospective Medicine Annual Meeting, Atlanta, Georgia, October 1983.

Gender differences in beliefs, evaluations, normative beliefs, and motivations to comply concerning cigarette smoking. Fifth World Conference on Smoking and Health, Winnipeg, Canada, July 1983.

Major Professor - Doctoral Dissertations

Fellows, Carol. (June, 2004). *Nonvitamin, nonmineral use among rural older adults*. University of Idaho.

Roland, Michelle. (2001, April). *Social normative perceptions regarding alcohol use of athletes and non-athletes*. University of Idaho.

Odom, Susan K. (2001, March). *Assessment of health-promoting lifestyle in male and female college students*. University of Idaho.

Scanlan, Andria. (1996, September). *An HIV prevention, peer education course: Development, implementation, and evaluation*. University of Idaho.

Hammermeister, Jon. (1996, April). *Health and fitness indicators in relationship with stage of exercise adoption and job-related physical activity among United States Forest Service Workers*. University of Idaho.

Luke, William F. (1994, December). *Thinking and decision-making processes of expert, competent and novice ice hockey coaches in practice and game situations*. University of Idaho.

Have served as doctoral committee member for numerous students in the division, college, and university.

Major Professor - Masters Thesis

Ong, Suk Foong. (1998, January). *Description of cardiorespiratory fitness, body composition, blood lipids, and selected nutritional practices in a sample of Central Oregon Community College students*. University of Idaho.

Chair and committee member for 2-3 MPH students per year at BYU. Thesis committee member and major professor for masters students in non-thesis option for numerous students, University of Idaho, 1987-2002.

Funded Projects

Page, R.M. (2011). \$20,000. Public Health in Southeast Asia: Focus on Adolescent Health Research. ORCA Mentoring Grant, Office of Research and Creative Activity, Brigham Young University.

Page, R.M. (2009). \$19,500. International Public Health in Thailand. ORCA Mentoring Grant, Office of Research and Creative Activity, Brigham Young University.

Page, R.M. (2009). \$2,941. International Travel Award. College of Health and Human Performance, Brigham Young University.

Page, R.M. (2009). \$5850. Adolescent Health Research in Vietnam. College of Health and Human Performance, Brigham Young University.

Page, R.M. (2009). \$6,000. World Health Organization: Strengthening Opportunities for MPH Student Internship/Fieldwork Experiences–Year 3. College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.

Page, R.M. (2009). \$2,536. Building student diversity: Expanding the vision of global health promotion as a career choice for minority and international students. College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.

Page, R.M., Anderson, K., Struk, T. (2008). \$4630. Social normative beliefs and media literacy about cigarette smoking and alcohol use in Chilean adolescents. College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.

- Page, R.M. (2008). \$3,450. Media Literacy and Normative Beliefs about Smoking: A Study of Adolescents Who Live Where Youth Smoking Rates are Among the Highest in the World. College of Health and Human Performance.
- Page, R.M. (2008). \$4,370. Asia-Pacific Academic Consortium for Public Health Conference in Hanoi, Vietnam. College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.
- Page, R.M. (2008). \$1,650. Faculty-Mentored Research in International Health: Central-Eastern Europe. College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.
- Page, R.M. (2008). \$5,500. World Health Organization: Strengthening Opportunities for MPH Student Internship/Fieldwork Experiences–Year 2. College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.
- Page, R.M. (2007). \$6,630. Multicultural Health Summit: Developing Cultural Competency and Understanding. College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.
- Page, R.M. (2007). \$6,200. World Health Organization and Pan American Health Organization/Office of Program Coordination: Strengthening Opportunities for MPH Student Internship/Fieldwork. College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.
- Page, R.M. (2006). \$3150. Faculty-Mentored Research in Food Marketing to Children. College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.
- Page, R.M. (2006). \$3,500. Strengthening Opportunities for Student Internship/Fieldwork Experiences The Health Promoting Schools Initiative of the Pan American Health Organization (PAHO/WHO). College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.
- Page, R.M, Neiger, B., Thackeray, R. (2006). \$2,710. Marketing Obesity to Children: Analysis of Child-Targeted Websites Promoting Unhealthy Food Products. Family Studies Center, Brigham Young University.
- Page, R.M. (2005). \$2154. International Travel Award. College of Health and Human Performance, Brigham Young University.
- Page, R.M. (2004). \$5000. Analysis of Food Advertisements During Children's Programming. College of Health and Human Performance, Brigham Young University.

- Page, R.M. (2004) \$2797. International Travel Award. College of Health and Human Performance, Brigham Young University.
- Page, R.M. (2005-2006). \$2355. In-Depth Analysis of Television Advertisements Directed at Children. Family Studies Center, Brigham Young University.
- Page, R.M. (2005-2006). \$4400. Student Training in Community-Based and National Programs for Disease Prevention and Health Promotion: The North Karelia Project, College of Health and Human Performance – Mary Lou Fulton Fund, Brigham Young University.
- Page, R.M. (2003-2004). \$1,800. Understanding the Connection between Psychosocial Factors (Shyness and Loneliness) and Risk Behavior Outcomes in Adolescents in an International Setting. College of Health and Human Performance, Brigham Young University.
- Improving Nutrition, Saving Lives: Understanding the Nutrition Transition in Asia. (2003-2004). \$20,000. Mentoring Environment Grant, ORCA, Brigham Young University. With Dearden, Novilla, Hawks, and Merrill.
- Development, administration, and analysis of results of adolescent-appropriate focus groups on the topics of violence and nutrition at the Hayden Lake Youth Summit, June 1994. Funded (\$3,500) by the Office of Health Promotion, Idaho Department and Welfare.
- Characteristics of adults who live alone: Identification of health protective and health risk factors. Funded (\$5,030) by the University of Idaho, Office of University Research, July 1, 1990 - June 30, 1991.
- Feelings of personal efficacy in dealing with emotional and physical health concerns: An assessment of elementary inservice and preservice teachers. Funded (\$3,446) by the University of Idaho, Office of University Research, July 1, 1989 - June 30, 1990.
- Loneliness and adolescent health. Funded (\$3,093) by the University of Idaho, Office of University Research, July 1, 1988 - June 30, 1989.
- Mini-Grant awarded by the American College of Preventive Medicine to fund a car safety seat education program utilizing local public health personnel and pediatric physicians (\$500), July 1984.
- Incentive Grant (\$1,000) awarded by the American Public Health Association and the U.S. Department of Transportation to fund a community safety belt/car seat education and incentive program, January 1984.

Grant (\$2,000) awarded by the Utah Department of Social Services to fund a drug and medication education program for the elderly, September 1983. Refunded (\$2,000), July 1984.

Other Presentations

Everyone's Not Doing It. Southern College Health Conference, March 23, 2000, Orlando, Florida.

The American Way: Prescription for Wellness or Formula for Disaster for the World's Youth. 19 International Exchange Conference, November 4, 1999. Lewis-Clark State College, Lewiston, Idaho.

Students' perceptions of binge drinking as the norm. Pacific Coast College Health Association Annual Meeting, Las Vegas, Nevada, November 1998.

Discriminating characteristics of adolescents who watch television frequently. Northwest Region of the American College of Sports Medicine Annual Meeting, Kirkland, Washington, February 1995.

Keeping your head on: Examining helmet use among college cyclists. Northwest Region of the American College of Sports Medicine Annual Meeting, Kirkland, Washington, February 1995.

Loneliness, physical inactivity, and fitness in children. Northwest Region of the American College of Sports Medicine Annual Meeting, Boise, Idaho, February 1994.

Adolescent smoking linked to heightened concern about weight gain. Northwest Region of the American College of Sports Medicine Annual Meeting, Boise, Idaho, February 1994.

Research linking adolescent loneliness and shyness to health behavior. Summer Human Development Workshop, Washington State University, Pullman, Washington, June 1992

Psychosocial issues in adolescent substance use and abuse. Adolescent Research Consortium, The Ohio State University, Columbus, Ohio, January, 1991.

Overview and research applications of the model of reasoned actions. Research Methods in Behavioral Nutrition, Washington State University, Pullman, Washington, October, 1989.

AIDS: A world problem. Sponsored by the International Trade and Development Office and International Affairs Committee, University of Idaho, March 1989.

Overview of dietary and lifestyle influences upon blood cholesterol levels. Idaho Alliance for Health, Physical Education, Recreation and Dance Convention, Lewiston, Idaho, October 1988.

Nutrition for a healthy heart. Sports Clinic, Campus Recreation, University of Idaho, October 1987.

Protecting nonsmoker's rights: A community health education approach. Utah Health Officers Association Quarterly Meeting, Park City, Utah, June 1983.

Utilizing public health resources in preventing teen pregnancy. Preventing Teenage Pregnancy Summer Workshop, Department of Family and Human Development, Utah State University, Logan, Utah, June 1983.

Needs assessment techniques for community health education. Community health education inservice meeting, Utah Department of Health, Salt Lake City, Utah, November 1982.

Other Publications

Page, R.M. (1998). Estimations of the prevalence of binge drinking among college students: Distortion or reality? *ASEAN Bulletin*.

Page, R.M., Marten, D., & Follett, T. (Spring 1995). An assessment of prevention education in Idaho senior high school health education programs. *Idaho Association of Health, Physical Education, Recreation and Dance Journal*, 6-7.

Page, R.M., Scepka, J. & Louis, G. (Spring 1995). Perception of nutrition and health by Idaho teenagers. *Idaho Issues*, 26-27.

Page, R.M., & Louis, G. (Spring 1995). Perception of violence by Idaho teenagers. *Idaho Issues*, 17-18.

Page, R.M., Scepka, J., & Louis, G. (1994). *Perception of Nutrition and Health by Idaho Teenagers as Expressed by Focus Groups and a Voluntary Survey Conducted at Hayden Lake Youth Summit*. Unpublished paper developed under contract from the Office of Health Promotion, Idaho Department of Health and Welfare.

Page, R.M., & Louis, G. (1994). *Perception of Violence by Idaho Teenagers as Expressed by Focus Groups and a Voluntary Survey Conducted at Hayden Lake Youth Summit*. Unpublished paper developed under contract from the Office of Health Promotion, Idaho Department of Health and Welfare.

- Page, R.M. (1987). Attitudes about weight control and body weight among middle school females. *Idaho Association of Health, Physical Education, Recreation and Dance Journal*, Fall, 8-10.
- Page, R.M. (1985-86). Book review of Frederiksen, L.W., Solomon, L.J., & Brehony, K., *Marketing Health Behavior: Principles, Techniques, and Applications*, Plenum Press, 1984. Published in *International Quarterly of Community Health Education*, Volume 6(4), 1985-86, 345-346.
- Page, R.M. (1984). Women and smoking. *Risk Reduction Update*, May, 1.
- Page, R.M., & Buck, R. (August 1984). *Well aware: A health education curriculum for young mothers*. (Written under contract from the Utah Department of Health and distributed to all public health departments in Utah).
- Page, R.M. (June 1983). *Health education indoor clean air programs: Procedure and resource manual for local sites*. (Written under contract from the Utah Department of Health).
- Page, R.M. (May 1983). *Do you mind if I smoke?*, slide/tape presentation, copyright by the Bear River District Health Department, Logan, Utah.

Media Features on Research Projects

- Professor's survey: UI students overestimate drinking, sex. *Moscow-Pullman Daily News*, December 4, 1998.
- Distorted prevalence of smoking among college students, radio interview with WRFW, River Falls, Wisconsin, November 1998.
- Too shy to aerobicize, *New Woman Magazine*, September 1998.
- U.S. expert to examine behavior of teenagers, *The Examiner* (circulated nationwide in Ireland), July 9, 1998.
- Health expert says modern society is creating problems for teenagers, *The Examiner* (circulated nationwide in Ireland), July 10, 1998.
- Working to avoid the American way: Underage, over-sexed and on its way - a snapshot of U.S. adolescence presented at a recent conference in Galway may be a glimpse of the future for health education experts here, *The Irish Times* (circulated nationwide), July 20, 1998.
- Major risk behaviors affecting young people, *Irish Independent*, July 10, 1998.

Conference to focus on smoking, drinking, and drug use among young people. City Tribune (Galway, Ireland), July 10, 1998.

Get firm and stay that way: Your guide to finding love in exercise, *Prevention*, July 1997.

Bicycle helmet use among college students, *Physical Activity Today*, Spring 1995.

Social Science Research: A Cross Section of Journal Articles for Discussion and Evaluation, Pyczak Publishing, 1994.

UI Prof studying problem of violence among teens, *Moscow-Pullman Daily News*, July 10, 1993.

Research on health aspects of youth attracts national media. *Idaho Research Magazine*, Winter 1993.

Working Mother Magazine, January/February 1993.

Fresh air fun. *Child Magazine*, May 1993.

Lonely kids typically out-of-shape. *Moscow-Pullman Daily News*, January 2, 1993.

Self-pride higher with girls who smoke. *The Idaho Statesman*, December 13, 1992.

Teen smokers tend to be lonely. *Moscow-Pullman Daily News*, December 11, 1992.

Radio interview. KIRO, Seattle Washington, October 28, 1992.

Radio interview. KKSU, Manhattan, Kansas, September 21, 1992.

Fit kids are less likely to be lonely. *USA Today*, April 27, 1992.

Live radio show. CKNW, Vancouver, British Columbia, April 27, 1992.

Live radio shows. CJAD, Montreal, Quebec and KSL, Salt Lake City, Utah, April 28, 1992.

Insecure girls more prone to drug use. *USA Today*, June 11, 1991.

Attractiveness and drug use. *Youth Markets Alert*, November 1991, 5.

Teaching Today, Fall 1991.

Peer pressure and drug use. *Lewiston Morning Tribune*, June 9, 1991.

Drugs used more by shy boys. *USA Today*, January 29, 1990. (Story also appeared nationally in newspapers owned by Gannett Corporation.)

Family Life Educator- Spring/Summer, 1990

Medical Aspects of Human Sexuality - April, 1990

Men's Health - March, 1990

I don't want to be shy! *Scholastic Choices Magazine*, September 1990.

Paul Harvey radio show-January 30, 1990

Radio talk shows in Los Angeles and Ottawa, Canada-January 29, 1990

Adolescent Substance Abuse and the Family - Summer, 1990

Shyness as a risk factor for adolescent substance abuse. *Prevention Pipeline*
November/December 1990.

Shy guys turn to drugs. *Health Magazine*, May 1991.

Action on Smoking and Health Newsletter, November 1983.

INTERNATIONAL PROFESSIONAL ACTIVITY

Director and Founder, BYU Global Health Internship Program. Developed health and international development internships in more than 12 countries involving in excess of 200 students primarily from BYU but also included students from University of Utah, Utah State University, Utah Valley University, Southern Utah University, BYU-Hawaii, BYU-Idaho, and University of Texas-Austin. (2014, 2015, 2016, 2017, 2018, 2019, 2020).

Facilitated field visit to northern Thailand for MPH student to study Project Access in collaboration with Suwat Chariyalertsak, Principal Investigator in Thailand, Faculty of Community Medicine, Chiang Mai University in November 2006. This project is a NIMH funded randomized controlled trial of community mobilization, mobile testing, same-day results, and post-test support for HIV that is implemented in Thailand and sub-Saharan Africa.

Developed and directed study abroad program for Brigham Young University students to work in the Guzman Ariza Campamento de Verano (summer camp) in cooperation with the DREAM Project in Cabarete, Dominican Republic (Summer Terms 2006, 2007, 2008, 2009, 2010).

Participant and faculty mentor for two students' participation in the International Visitors Programme, North Karelia Project, Helsinki and Joensuu Finland, January 2006.

Adolescent health survey project in Hungary, Czech Republic, Slovakia, Romania, Ukraine, and Poland, 2004-to present.

Adolescent health survey project in Chiang Mai, Thailand, Summer 2004.

Course in International Health and Development: An Applied Perspective taken in Guatemala, May 2001 through Tulane University School of Public Health and Tropical Medicine. The course included site visits to several health programs and facilities as well as lectures on numerous international health topics of concern to Guatemala and other nations in the developing world.

Development of professional visit for Jiraporn Suwanteerangkul, Chiang Mai University, School of Medicine to travel to the University of Idaho for training in health education methodology and practice, April-May 2000. Also facilitated a visit to the U.S. Centers for Disease Control. Ms. Suwanteerangkul teaches health education to medical and public health students at Chiang Mai University.

International Faculty Development Travel Award to travel to Chengdu, China the summer of 1999 from University Studies Abroad Consortium and the University of Idaho, International Programs Office. Included travel and classes in Mandarin Chinese and Chinese Culture and Society.

Collaborative research project assessing health risk behaviors and psychosocial characteristics of Taiwanese high school students with Dr. Ching Mei-Lee, National Taiwan Normal University, Department of Health Education, September, 1999.

Collaborative research project assessing health risk behaviors and psychosocial characteristics of Philippine high school students with Dr. Emilia Zarco, University of the Philippines. Surveys were administered to more than 3,000 students attending 8 high schools throughout the Philippines in February, 1999.

Consultant on program development and curriculum, Health Education Program, University of the Philippines, Diliman, Quezon City, Philippines, February 1999.

Lecture – “Issues, Trends, and Problems in Health Education,” College of Education, University of the Philippines, Diliman, Quezon City, Philippines, February 8, 1999.

Lecture – “Binge Drinking: Perceptions and Misperceptions,” Drug Education Course, Health Education Program, University of the Philippines, Diliman, Quezon City, Philippines, February 8, 1999.

- Lecture – “Emerging Infectious Diseases,” Epidemiology Course, Health Education Program, University of the Philippines, Diliman, Quezon City, Philippines, February 9, 1999.
- Lecture – “Effective Teaching Methods in Health Education,” College of Education, University of the Philippines, Diliman, Quezon City, Philippines, February 15, 1999.
- Consultant – Survey design on adolescent smoking with Jiraporn Suwanteerangkul, Department of Preventive Medicine, Chiang Mai University, Chiang Mai, Thailand, February 1999.
- Article – “Estimations of the Prevalence of Binge Drinking among College Students: Distortion or Reality?” *ASEAN Bulletin* published by the ASEAN Center for Preventive Drug Education, University of the Philippines, September 1998.
- Book Chapter – “Tuning into Psychosocial Factors in Adolescent Health Risk Behavior: Implications for Health Promotion Practice,” Published in R. Edmondson & C. Kelleher (2000). *Health Promotion: Multi-Discipline or New Discipline?* Irish Academic Press, Dublin, Ireland.
- Keynote Address – “Emerging and Persistent Adolescent Health Risks: The Need for Comprehensive Health Promotion,” Summer Health Promotion Conference, National University of Ireland, Galway, July 10, 1998.
- Lecture – “Comprehensive School Health Education,” College of Education, University of the Philippines, Diliman, Quezon City, Philippines, September 19, 1997.
- Lecture – “Drug and Tobacco Problems,” Drug Abuse Education Graduate Course, Health Education Program, University of the Philippines, Diliman, Quezon City, Philippines, September 20, 1997.
- Lecture - “The Need for Comprehensive School Health Education,” Seminar on the Utilization of Cardiovascular Disease Risk Reduction Materials, Department of Education, Culture, and Sports, Imus, Cavite, Philippines, September 24, 1997.
- Lecture – “Drug Abuse Problems,” InterAgency Committee, Dangerous Drugs Board, Manila, Philippines, September 25, 1997.
- Consultant on program development and curriculum, Health Education Program, University of the Philippines, Diliman, Quezon City, Philippines, September 1997.
- Observations of Philippine elementary and secondary school programs in health education, drug abuse prevention, and nutrition services. Department of Education, Culture, and Sports, Imus, Cavite School District, September 1997.

Visitation and briefing with the National Dangerous Drugs Board, Manila, Philippines, September 25, 1997.

Visitation and briefing with the National Department of Education, Culture, and Sports, Pasig City, Philippines, September 22, 1997.

Visitation and briefing with the ASEAN Center for Preventive Drug Education, Diliman, Quezon City, Philippines, September 18, 1997.

Lecture – “Tobacco Control and Prevention,” Graduate Course in Adolescent Drug Abuse Prevention, Department of Health Education, National Taiwan Normal University, Taipei, Taiwan, September 30, 1997.

Sharing of professional experiences in health education. Faculty of the Department of Health Education, National Taiwan Normal University, Taipei, Taiwan, September 29-30, 1997.

Consultant on health education program. Department of Community Medicine, School of Medicine, Chiang Mai University, Chiang Mai, Thailand, September 16, 1997.

Paper Presentation - “An Assessment of Community College Students’ Cardiovascular Fitness and Nutrition Practices.” Symposium on Public Health, Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia, September 8, 1997 (with S. F. Ong).

CONSULTING

Research Participantship, Oak Ridge Institute for Science and Education, Oak Ridge, Tennessee, June-September 2000.

Consultant on the design of training programs, Office on Smoking and Health, Centers for Disease Control, June-September 2000.

Consultant on the design of qualitative research on the risk behavior of young adults and adolescents, Centers for Disease Control, National AIDS Information and Education Program, Atlanta, Georgia, March-April 1993.

Consultant on the evaluation of HIV-prevention programs, Centers for Disease Control, National Center for Prevention Services, Atlanta, Georgia, April 1992.

Consultant, Health Evaluation and Longevity Planning Foundation, Tempe, Arizona, and Terros, Inc., Phoenix, Arizona. Provided recommendations on how to design and implement a drug and alcohol needs assessments, November 1987.

Consultant, Employee Health and Wellness Program, Office of Human Resources, Colorado Department of Natural Resources. Provided technical assistance in planning and

conducting a statewide employee health needs assessment, served as data analyst, and wrote final report, January-July 1987.

INTERNSHIP

Community Health Education Intern, Bureau of Chronic Disease Control, Utah Department of Health, Salt Lake City, Utah, June-December, 1979. Developed cigarette smoking prevention curricula, evaluated educational materials, analyzed data, prepared research reports, and coalition building with community agencies.

STUDENT MENTORING AND STUDENT-CENTERED PROJECTS:

Global Health Internship Program, Department of Health Science. Created group health internship programs in India and Cambodia for 15 students in 2014. Created group internship programs in Panama, Ghana, and Cambodia for 30 students in 2015. Created and implemented internship programs in Panama, Ghana, Cambodia/Vietnam, and Spain in Spring/Summer 2016 for 38 students. For 2017, this included Ghana (2 programs), Peru, Cambodia, Thailand, Spain, Portugal for 58 students. For 2018, Ghana, Peru, Mexico, Rwanda (2 programs), Zambia, Spain, Portugal, Italy, and Cambodia/Thailand/Vietnam for 83 students. For 2019, Ghana, Uganda (Spring and Summer), Mexico, Rwanda (3 programs), Zambia, Spain, Portugal, Greece, Argentina Vietnam/Thailand), Cambodia for 107 students.

International Internships/Fieldwork Experiences with the World Health Organization. Obtained funding and collaborated with Division of Chronic Disease and Health Promotion, World Health Organization, Geneva Switzerland for 4 BYU MPH students to complete internships (2007 and 2008). Also obtained funding and organized for another MPH student to complete internship with Office of Caribbean Program Coordination, Pan American Health Organization, World Health Organization, Bridgetown, Barbados for Spring/Summer 2008.

Multicultural Health Summit: Developing Cultural Competency and Understanding. Obtained funding for four MPH students to attend professional conferences related to cultural competency and public health in 2007. Organized Multicultural Health Summit to share findings and reflection from these conferences with other students and faculty.

International Study Program in Dominican Republic. Work with the BYU Kennedy Center and the DREAM Project (NGO) in offering a group internship program for BYU students to work with school-age youth in offering health education and other educational and recreational programs and activities for Dominican youth. Developed cultural experiences and excursions. Program was conducted for five year (2006-2010).

Student mentored research on food marketing and children. Obtained funding to carry out

research with two undergraduate students which resulted in two presentations at the Annual Meeting of the Society for Behavioral Nutrition and Physical Activity and one submitted journal article. Obtained funding for student travel to the conference in Oslo, Norway, June 2007.

Student mentored research on adolescent weight perceptions. Worked with MPH student on research paper addressing body weight perceptions of Central and Eastern Europe adolescents. Student presented findings at an international nutrition conference in Paris, France, July, 2007. Paper was published.

Research Presentation at the International Congress of Behavioral Medicine/Study of the National Mental Institute of Health's Project Access. Mentored student in adolescent health studies that resulted in presentation of two papers at the 2006 ICBM International Congress (Bangkok Thailand) and a paper that was subsequently published. Arranged a field visit for the student to visit a HIV clinics at Project Access site with the project's principal investigator in Northern Thailand. Mentored student in preparation of presentations for MPH and undergraduate classes based on this experience.

International Internships/ Fieldwork in 2007, Brazil. Set up internship undergraduate student through the Brazil Pan American Health Organization's Brazil Country Office to work with the Rede de Municípios Potencialmente Saudáveis program in Campinas, Brazil. Obtained funding to support travel for the student to complete the internship.

Student ORCA grant mentor. Evaluation of the Guzman Ariza Campamento de Verano with the Children's Hope Scale. Faculty mentor for student research project conducted in the Dominican Republic.

Student Training in Community-based and National Programs for Disease Prevention and Health Promotion: The North Karelia Experience. Wrote grant which provided funding for two graduate students to participate in the North Karelia Project International Visitors Programme in Jan-Feb 2006 in Helsinki and Joensuu, Finland. Met with students in mentoring sessions, assigned and discussed readings. Helped students prepare presentations for graduate and undergraduate classes and at the Annual Utah Health Education Association Meeting on what they learned from their participation.

Student Mentoring Grant on Nutrition Transition in Asia. Worked with other faculty members on student-mentored research in Asia. Consisted of mentoring a student in carrying out a survey research project in Chiang Mai, Thailand in 2005. This work resulted in professional presentations and referred journal publications.

AWARDS:

Faculty Award for Research, College of Health and Human Performance, Brigham Young University, 2007.

Outstanding Faculty Award, University of Idaho Student Disability Services and the Office of Dean of Students, May 2001.

International Faculty Development Award, University Studies Abroad Consortium and University of Idaho Office of International Programs, April 1999. Award to travel to Sichuan Union University, Chengdu, China for language and cultural training during the summer of 1999.

Award for Excellence in Teaching, University of Idaho Alumni Association, December 1998.

Adjunct Faculty in Family and Consumer Sciences, University of Idaho.

Faculty award for outstanding contribution in scholarship, College of Education, University of Idaho, May 1992.

SERVICE:

University/College/Department

Coordinator, International Development minor (appointed January 2017).

Director, Global Health Internship Program, since 2014

Rank and Status Committee, College of Life Science, 2015-present

Rank and Status Committee, Department of Health Science (since 2014); served as chair for one year.

Chair, Faculty Search Committee, Department of Health Science (2015)

MPH Curriculum Committee (Years?)

Curriculum Committee, College of Life Science (Years?)

MPH Admissions Committee, Department of Health Science, Brigham Young University, 2007.

Merit Pay Committee, Department of Health Science, Brigham Young University, 2006.

University Wellness Committee, Brigham Young University, 2003-present.

Secondary Education Design Committee, Educator Preparation Program, Brigham Young University, 2003-present.

Learning and Teaching Technology Committee, College of Health and Human Performance, Brigham Young University, 2005-2007.

Magazine Committee, College of Health and Human Performance, Brigham Young University, 2006-present.

HEPE Committee, College of Health and Human Performance, Brigham Young University, 2003-present.

Tenure and Promotion Committee, College of Agriculture, School of Family and Consumer Sciences, Outside Representative, 2001.

Sports Science Search Committee, Division of H.P.E.R.D., 2001.

Tenure and Promotion Committee, College of Education, 2000.

Chair, Third Year Review Committee, Division of H.P.E.R.D., 2000.

Chair, Health Education Search Committee, Division of H.P.E.R.D., 1999.

Tenure and Promotion Committee, College of Education, 1995-1996.

Tenure and Promotion Committee, College of Agriculture, School of Family and Consumer Sciences, Outside Representative, 1995.

Faculty Awards Committee, College of Education, 1995-1997

Chair, Health Education Search Committee, Division of H.P.E.R.D., 1995

Chair, Third Year Review Committee, Division of H.P.E.R.D., 1995-1996

Chair, Third-Year Review Committee, Division of H.P.E.R.D., 1992-1993

Student Health Services Advisory Committee, University of Idaho, September 1988-May 1989.

College Coordinating Committee, College of Education, University of Idaho, September 1988-August 1989.

Departmental Scholarship Committee, University of Idaho, April 1990.

Alumni Association Teaching Excellence Award Selection Committee, University of Idaho, April 1988.

Search Committee for therapeutic recreation and recreation positions, University of Idaho, July-August 1988.

Departmental Faculty Travel Policy Committee, University of Idaho, February 1988-August 1990.

Student Health Services Advisory Committee, University of Idaho, September 1988 - May 1989

Search Committee for Department Chairperson, University of Northern Colorado, November 1985-June 1986.

Faculty Advisor, Eta Sigma Gamma, University of Northern Colorado, October 1986-August 1987.

Departmental Library Representative, University of Northern Colorado, September 1985-August 1987.

College-Minority Recruitment and Retention Committee, September 1985-August 1987. Served as chair February-August .1987.

Graduate Committee, SUNY-Cortland, September 1984-August 1985.

Departmental Ad Hoc Committee on Assessment and Evaluation, SUNY-Cortland, September 1984-August 1985.

Wellness Center Advisory Committee, SUNY-Cortland, September 1984-August 1985.

Professional and Community

Evaluation Advisory Board, Idaho Head Start Transition Project, April 1993-1998.

Member, Latah County Health Education Network, 1992-present

Advisory Board, North Central District Health Department, December 1993-December 1995

Reviewer, An Invitation to Health (7th Edition) by Dianne Hales for Brooks/Cole Publishing, 1995.

Judge, Research Competition, Graduate and Professional Students' Association, Education Division, University of Idaho, April 1992.

Idaho State Textbook Adoption and Improvement of Education Committee, Idaho Department of Education, June 1988 to June 1991.

Elementary Health Education Committee, Idaho Department of Education, October 1989 to March 1990.

Manuscript Reviewer, *Journal of Health Education*, January 1987 to present.

Manuscript Reviewer, *American Journal of Health Behavior*, August 1991 to present.

Manuscript Reviewer, *Journal of Applied Social Psychology*, December 1988.

Member of the Board of Directors, Centennial Area Health Education Center, Greeley, Colorado, January-August, 1987.

Health promotion testing, Weld School District #6, Greeley, Colorado, April 1986-August 1987.

Conducted health needs assessment of University of Northern Colorado classified employees, February 1986-February 1987.

Public Information Chairperson, American Cancer Society, Logan, Utah Chapter, September 1982-August 1984.

Coordinator, Great American Smokeout activities, American Cancer Society, Logan, Utah Chapter, November 1982 and November 1983.

Coordinator, Physical Fitness Week, Cache County, Utah, May 1983.

Committee Member, Planning Committee, Utah State University Health Promotion Fair, Logan, Utah, April 1983 and April 1984.

Vice-President, Utah Association of Community Health Educators, January 1983-January 1984.

Representative, Utah Heart Association, to the National Heart Health Education in the Young Conference, San Diego, California, October 1979.

Representative, Utah Heart Association, to the National Youth Conference, Dallas, Texas, July 1979.

COURSES TAUGHT:

Brigham Young University:

HLTH 276R Introduction to Health Teaching
 HLTH 302 Computer Applications in Health
 HLTH 330 Principles and Practices of Health Promotion
 HLTH 381 Health Science Teaching Methods

HLTH 619 Infectious and Chronic Disease
 HLTH 630 Small Group Health Promotion Interventions

University of Idaho:

H&S 150 Wellness Lifestyles
 H&S 288 First Aid
 H&S 289 Drugs and Society
 PE 250 Elementary Health Education
 H&S 316 Community and Global Health
 H&S 323 Health Education Methods
 H&S 436/536 Wellness and Health Promotion
 H&S 450/550 Consumer Health and Health Care
 PE 581 Research in Physical Activity, Theory, & Design
 Educ 582 Introduction to Research Methods
 Educ 610 Program Planning and Development

Summer Workshops: Fostering Emotional Well-Being in the Classroom (1992, 1993),
 Developing a Healthy Heart (1992), Youth at Risk (1990), Confronting
 AIDS and Sexually Transmitted Diseases (1988), Drug Education for
 Teachers (1988)

Ohio State University:

Hlth Edu 201 Current Concepts in Community Health
 Hlth Edu 401 Fundamentals of Epidemiology and Biostatistics
 Hlth Edu 402 Safety Education
 Hlth Edu 650 Health Promotion in the Workplace
 Hlth Edu 651 Health Program Planning
 Hlth Edu 789 Fieldwork in Community Health
 Hlth Edu 995B Philosophical Perspectives in Community Health Ed.
 Hlth Edu 603 Disease Prevention and Control

University of Northern Colorado:

CH 202 Issues in Health
 CH 220 Introductory Epidemiology
 CH 238 Contemporary Issues in Drug Abuse
 CH 410 Program Planning and Evaluation
 CH 450 Media and Materials in Health Education
 CH 454 Internship in Health
 CH 408/505 Contemporary Issues in Drug Education (Summer Workshop)

CH	503	Drug Abuse Education
CH	510	Program Planning and Evaluation
CH	515	Community Health Analysis
CH	520	Epidemiology

State University of New York-Cortland:

HLTH 110	Personal and Community Health
HLTH 491	Epidemiology and Biostatistics
HLTH 494	Program Planning and Evaluation in Health Education
HLTH 499	Internship in Health
HLTH 557	Behavioral Applications in Health Education
HLTH 599	Public Health Statistics
HLTH 601	Research Methods in Health Education