



**Exercise & Sport Science  
Education**  
EXSEDBS.2019 (mrs 1528-1530)  
63-83 credits

Effective Date: 09/2019

<b>Name of Student:</b>		
<b>Student ID #:</b>		Graduation Date
<b>Home Country:</b>	<input type="checkbox"/> IWORK	
<b>Advisor:</b>	Name	Date

**Core Requirements 33-34 Credits**

Course #	Title	Hr.	Prerequisites	Offered	Sem.	Grade
EXS 330	Principles of Exercise and Sports Science	3		F,S		
MATH 121	Principles of Statistics	3	MATH 107 or 110	F,W,S		
BIOL 260/L	Human Anatomy/Lab	4		F,W		
BIOL 261/L	Human Physiology/Lab	4	BIOL 112 strongly recommended	F,W		
EXS 265	Water Safety Instruction	2	EXS 161 or 242 or Permission of Instructor	S		
EXS 340	Motor Learning	3	BIOL 260/L	F,W		
EXS 341	Biomechanics	3	BIOL 260/L	F,W		
EXS 344/L	Physiology of Exercise	3	BIOL 260/L, BIOL 261/L	W,S		

**Choice of 2 EXS 100-level Beginning Sport Content classes — 2 Credit Hours**

EXS 1 _____		1				
EXS 1 _____		1				

**Choice of 4 EXS 200-level Sports Fundamentals — 4 Credit Hours**

EXS 2 _____	Sports Fundamental: _____	1				
EXS 2 _____	Sports Fundamental: _____	1				
EXS 2 _____	Sports Fundamental: _____	1				
EXS 2 _____	Sports Fundamental: _____	1				

**Choice of 1 Additional EXS 369R Coaching Fundamental Individual Sport OR 2 more EXS 200-level Sports Fundamentals — 2-3 Credit Hours**

EXS 369R or	Coaching Fundamental: _____	3		F,W,S		
EXS 2 _____	Sports Fundamental: _____	1				
EXS 2 _____	Sports Fundamental: _____	1				

**Physical Education Emphasis 9-10 Credits**

EXS 369R	Coaching Fundamentals in Selected Sports	3		F,W,S		
EXS 377 or	Teaching Methods of Physical Education	3		W-odd		
SCED 350	General Methods for Secondary Teachers	2	EDU 312	F,W		
HLTH 441	Health in Secondary School	2		W		
EXS 441	Adapted Physical Education	2	EXS 341, EXS 344	S		

**Physical Education Certification 21-39 Credits**

EDU 212	Foundations of Education	2		F,W,S		
EDU 200	Human Growth and Learning in Schools	3		F,W,S		

**Recommended Elective:**

HWST 101	Intro. to Hawaiian Studies	3	Required for Hawaii License Track	F,W,S		
EDU 340	Multiculturalism & Cul. Resp. Tch (SIOP)	2	Required for International Track	F,W		

**APPLY TO SCHOOL OF EDUCATION**

<b>Non License Track</b> <input type="checkbox"/> All students begin in this track and can choose to stay here or apply by deadline for another track.	<b>Hawaii License Track</b> <input type="checkbox"/> Priority Deadline: Submit SoEd application by: Feb 15    May 15    Sept 15	<b>International Track</b> <input type="checkbox"/> Priority Deadline: Submit SoEd application by: Feb 15    May 15    Sept 15
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SPED 300	Education of Exceptional Students	3	EDU 200	F,W,S		
EDU 305	Comp./Tech. Assisted Instruction	2	EDU 212 for Education majors/minors or TESOL 240 for TESOL major/certs only	F,W,S		
EDU 312	Effective Pedagogy	3	EDU 212	F,W,S		
EDU 385	Education Assessment in the Classroom	3	EDU 312	F,W,S		
SCED 401	A Multicultural Approach to Reading in the Content Area	3	EDU 312, Corequisite with SCED 491	F,W		
SCED 430	Classroom Management in Secondary Contexts	2	EDU 312, Corequisite with SCED 491	F,W		
SCED 491	Observation and Practicum	3	EDU 312, corequisite with SCED 401, SCED 430, and formal admission to SOE	F,W		
SCED 492	Student Teaching	12	SCED 491	F,W		

**Total Credits Mapped for Graduation:**

No grade below "C-" accepted

All courses in the Education major can be retaken 1 time to improve a grade lower than C-. If the second attempt is lower than a C-, the student will be removed from the major.

The terms of this MRS will be honored by the Faculty and University within the next 8 years. If courses cease to be offered, options for substitution will be provided.